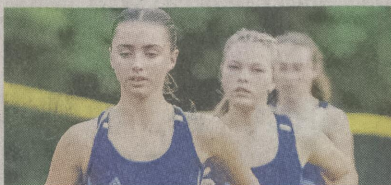




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# Wilmington Town Crier

70TH YEAR NO. 39    PHONE 978-658-2346    www.HomeNewsHere.com    20 PAGES    SEPTEMBER 26, 2024

## Deedee's Barn

### Ironstone Farm's main barn named after first executive director DEEDEE O'BRIEN



By **HEATHER BURNS**  
News Correspondent

ANDOVER — On Sunday, Sept. 15, 2024, Ironstone Farm, located at 450 Lowell St. in Andover, proudly renamed their main barn in honor of longtime staff member Deedee O'Brien.

Ironstone Farm is a therapeutic horse farm that provides equine-assisted services. O'Brien has served on the farm over 40 years, impacting countless children and families in multiple capacities during the last several decades. O'Brien was the first and former executive director of Iron-

stone Farm, and has been a long-time champion of the Challenge Unlimited Program that is offered at the farm. The Challenge Unlimited Program improves the lives of people with physical, emotional and cognitive disabilities through therapeutic horseback riding and equine-assisted pro-

grams. Thanks to O'Brien's tireless and steadfast commitment to the impact of equine-assisted services, Challenge Unlimited now serves over 1,000 community members each year. The diverse population of children and adults served by Ironstone Farm includes early

intervention clients, veterans and first responders who suffer from PTSD, cancer patients, those with substance use disorder, and people with physical and mental health issues. During the Sunday afternoon unveiling of the newly dedicat-

DEEDEE | PAGE A2W

### Select Board requests a construction update

By **LIZZY HILL**  
News Correspondent

WILMINGTON — On Monday, Sept. 23, the Select Board received a single memo and approved all of the requests proposed

by residents and town employees. Select Board Chair Greg Bendel first acknowledged that the board members wore a gold article of clothing that night to bring attention to childhood cancer month. A memo from Town Manager Eric Slagle provided an update on the Wilmington Wildwood MSBA project and timeline. He noted that the board members were aware that a lot was happening this month. Some of the recent outreach efforts made by the

Wildwood School Building Committee that Slagle mentioned were the ongoing community survey, which had received almost 1,000 responses; a mailer sent out to all residents, made in conjunction with Assistant Town Manager Judy O'Connell and the superintendent's office; several meetings and public forums inviting resident feedback; and an upcoming booth at Fall Fest. Bendel complimented the

SELECT | PAGE A8W

### Select Board reviews proposed warrant

By **LIZZY HILL**  
News Correspondent

WILMINGTON — The Wilmington Select Board reviewed the proposed special Town Meeting warrant and approved more members to fill out the Building Reuse Committee at their Sept. 23 meeting at the town hall. Town Manager Eric Slagle reminded the board that they approved

the special Town Meeting date for Dec. 7. He pointed out a clerical error on the warrant shared with them stating that the meeting would begin at 7 p.m. when it actually would begin at 9 a.m. He then provided that with town counsel review, they had proposed three MBTA zoning warrant articles: the first to create the multi-family overlay district, the second to amend the zoning

by-law site plan review section, and the third to amend the inclusionary housing section. With this division of articles, the actual zoning district only needs a simple majority vote to be approved as opposed to a 2/3 majority. The second and third articles will still require 2/3 majority approval. Slagle also explained

WARRANT | PAGE A2W

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**Town Crier**

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▲ Register now for our Intro to Shibori Dyeing program on Saturday, Oct. 5 at 1 p.m.! Learn how to make gorgeous patterns with Shibori, a Japanese resist dyeing technique that is simple enough this class we are limiting registration to first time participants. (Courtesy photo)

Wilmington Library News:

Introduction to Shibori Dyeing on Saturday, Oct. 5

Adult Programs

Needleworkers at Night

Monday, Sept. 30, 6 p.m.  
These nighttime sessions are perfect for anyone who does any kind of needle craft but can't make it to Needleworkers during the day! Drop-in. This group now meets every Monday in the cozy seating area on the first floor of the Library.

Learn to Cross Stitch

Monday, Sept. 30, 6 p.m.  
New to needlework? Head of Circulation Lisa Crispin will teach you the basics to start your first project! Materials and patterns will be provided.

Drop-in Tech Help

Tuesday, Oct. 1, 2 p.m.  
Wednesday, Oct. 2, 2 p.m.  
Saturday, Oct. 5, 2 p.m.  
Have a tech question that's been bugging you? Stop by Drop-in Tech Help.

VIRTUAL

50+ Job Seekers Networking Group

Wednesday, Oct. 2, 9:30

a.m.

The Massachusetts Library Collaborative's 50+ Job Seekers Group meets via Zoom on the 1st and 3rd Wednesdays of the month, from 9:30 to 11:30 a.m. This week's meeting will discuss cover letters and how to use AI in your job search.

Craft & Chat

Wednesday, Oct. 2, 6 p.m.  
Enjoy making a craft while socializing with others! All craft supplies provided. This month's featured craft is a Spell Book.

Needleworkers

Friday, Oct. 4, 10 a.m.  
This is a social group for those who do any kind of needle craft. Bring your knitting, crocheting, quilting, etc. and enjoy conversation and camaraderie. Drop in.

VIRTUAL

Fiction Critique Group

Saturday, Oct. 5, 9:15 a.m.  
Love writing fiction? Whether you are drafting a short story or a novel, joining our Critique Group is a great opportunity

to meet other writers and get constructive feedback. Open to all experience levels writing in all genres. Led by local writing enthusiast, Barbara Alevras. If you are interested in attending this event, please email Adult Services Librarian Erin Driscoll at [adultservices@wilmlibrary.org](mailto:adultservices@wilmlibrary.org). Please include the title of the program in the subject heading. This event will be held over Zoom. You will receive an invite from the presenter prior to the program date.

Intro to Shibori Dyeing

Saturday, Oct. 5, 1 p.m.  
Learn how to make gorgeous patterns with Shibori, a Japanese resist dyeing technique that is simple enough to do in your backyard but vast with possibility. Please note: due to the level of interest in this class we are limiting registration to first time participants.

Youth Programs

Wilmington Community Playgroup

Monday, Sept. 30, 10 a.m.  
The Community Teamwork Family Resource Network is here weekly! Join CTI for a community playgroup where we'll work on Early Literacy skills and much, much more! Ask CTI about any resources they can help provide for you and your family. The first playgroup of every month will focus

on infants and toddlers. Ages 0-6, siblings welcome

STEAM Team

Monday, Sept. 30, 6 p.m.  
Learn and have fun at the same time in this engaging STEAM program! This month's project is TBA! Grades K-5

Preschool Storytime

Tuesday, Oct. 1, 10 a.m.  
Join us at our Preschool Storytime! This program includes books, rhymes, music and movement. Ages 3-6

College Essay Workshop

Tuesday, Oct. 1, 6 p.m.  
In this workshop, led by professional college essay consultant Jenn Bryson, we will review the writing process, discuss the elements of a successful application essay, and peer edit essays. Grades 9-12

Time for Twos

Wednesday, Oct. 2, 10 a.m.  
Join us at our Time for Twos! This program includes books, rhymes, music and movement. Age 2

Baby Time

Thursday, Oct. 3, 10 a.m.  
Join us at our Baby Time! This program includes books, rhymes, music and movement. Ages 0-23 months

Drop-in Storytime

Friday, Oct. 4, 10:30 a.m.  
Join us at our Drop-In Storytimes! This program includes books, rhymes, music and movement. Ages 2-6

LEGO Building

Friday, Oct. 4, 3:45 p.m.  
Build with LEGOs at the same time as other LEGO fans and display what you make in the library! Grades K-5

Additional Information

Book Store Next Door

The Book Store Next Door is open on Wednesdays and Saturdays from 10 a.m. to 4 p.m. Shop discount books! Paperbacks for \$1 and hardcovers for \$2. The Book Store is staffed by volunteers from the Friends of the Library and all proceeds help support library programs.

Museum Passes

The library has discounted passes to your favorite

Massachusetts museums, attractions, and state parks. Find the full list on our website!

WML In-Person Programming

Registration is required for most in-person programs. Please check our website on the day of the program to confirm location. Masks are no longer required for vaccinated patrons while visiting the library.

WML Virtual Programming

The library continues to offer a variety of virtual events. Please note that registration is required in order to receive the Zoom link. Go to [wilmlibrary.org](http://wilmlibrary.org) to register or call 978-658-2967.

Ironstone Farm offers therapeutic riding

DEEDEE FROM PAGE 1

ed "Deedee's Barn" sign, O'Brien shared this honor with old friends and colleagues, including the current Executive Director of Ironstone Farm, Kerri Whalen. All in attendance have been first hand witnesses to O'Brien's vast contributions to the Ironside Farm community.

"Deedee's unwavering belief in the power of therapeutic riding, long

before it became a recognized form of healing, has touched countless lives," Executive Director Whalen stated of O'Brien's impact on Ironstone Farm.

"Her legacy has inspired a community of people to build upon the foundation she laid, creating a future where even more lives are transformed, more hearts are healed, and the power of therapeutic riding reaches further than ever before."

Special Town Meeting warrant to include three MBTA zoning articles

WARRANT FROM PAGE 1

that article four proposes the payment of an unpaid bill and article five is regarding an eminent domain taking at 64 Wildwood St.

Chair Greg Bendel asked if the Planning Board and Finance Committee would provide their recommendations on these articles in the meeting warrant. Slagle answered that they would jointly meet in October and make their recommendations to be incorporated.

Frank West asked about the process if not all of the MBTA zoning articles pass. Slagle explained that the three are needed for the zoning to flow properly, but only the first is required to comply with the HLC.

West then asked if articles two and three would

be passed over if article one fails, and Slagle replied that that would be the case.

The board voted to sign the warrant.

Lilia Maselli wondered if there would be any community forums or presentations ahead of special Town Meeting. Slagle mentioned that they would be holding a public hearing on the zoning proposal and inviting Director of Planning & Conservation Valerie Gingrich to a Select Board meeting to present.

He also said that the town would send out additional outreach, and Gingrich worked with WCTV to develop a clip that runs on public access television.

Bendel also added that the town manager's office and IT department would continue to post

about the MBTA zoning proposal on social media.

Individuals were approved to be appointed on the Building Reuse Committee: Michelle Feeney, Dennis Kelley, Odette Kent, Jamie Magaldi, Paul Melaragni, Patricia Romano, Suzanne Sullivan, and Hugh Vandermark Jr.

Slagle shared that these included staff members and residents nominated by the board members.

Bendel pointed out that the Commission on Disabilities had not yet named their representative.

Gary DePalma stated that they should make sure the 9th member is named before the first meeting is held.

Slagle said that the Commission on Disabilities' next meeting, where

they could make their selection, is at the end of October.

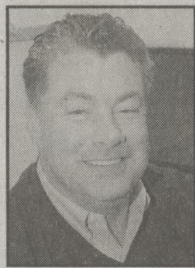
West asked the town manager to note the departments of the town employees who were serving on the committee. Slagle mentioned that Dennis Kelley is the Superintendent of Public Buildings and Jamie Magaldi is the DPW Director.

Maselli also commented to make sure that a town employee would be in charge of kicking off the first meeting.

The motion was made and amended to say that these individuals would be appointed pending the representative from the Commission on Disabilities. This motion was approved.

The board will meet next on Tuesday, Oct. 15, given that Monday, Oct. 14 is a holiday.

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It's Your Money  
by Todd Brisbois



Tax benefits to help offset the cost of making businesses accessible to people with disabilities:

— PART I —

When employers hire people with disabilities or make their business accessible to employees and customers with disabilities, they may be eligible for certain tax benefits. These tax benefits encourage employers to hire qualified people with disabilities and offset some of the costs of providing accommodations.

Disabled Access Credit

The Disabled Access Credit is a non-refundable credit for small businesses that have expenses for providing access to people with disabilities. An eligible small business is one that earned \$1 million or less or had no more than 30 full-time employees in the previous year. Small businesses claim the 50% credit for eligible access expenditures by filing Form 8826, Disabled Access Credit. The business can claim the credit each year they have access expenditures. For details on access expenditures, see Form 8826.

Barrier removal tax deduction

The architectural barrier removal tax deduction encourages businesses of any size to remove architectural and transportation barriers that helps people with disabilities and the elderly get around more easily. Businesses may claim a deduction of up to \$15,000 a year for qualified expenses on items that normally must be capitalized. Businesses claim this deduction by listing it as a separate expense on their income tax return. The tax return must be filed on time.

Businesses may use the Disabled Access Credit and the architectural tax deduction together in the same tax year if the expenses meet the requirements of both benefits.

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# OBITUARIES

## Joan E. (Morrissey) Blanchard

Had a love for dogs and animals

Joan E. (Morrissey) Blanchard, age 71, of Tewksbury, passed away July 10, 2024.

Joan was born and raised in Cambridge, loving daughter of the late Lawrence and Evelyn (St. George) Morrissey.

Joan loved and took special pride caring for her precious fur babies, Biscuit and the late Iris. Joan's love for dogs and animals was well known.

Joan was a communicant and served in the Eucharistic Adoration at St. William's Church in Tewksbury. She was a member of the "Piecemakers Quilting Guild" of Tewksbury, and truly enjoyed time spent with her

friends.

Family meant everything to Joan. She was the dear sister of Lynne Labanara, of Belmont, Ruthann Morrissey, of N. Las Vegas, NV, her brother Edward Morrissey, of Laco- nia, NH and sister-in-law Ann.

Joan was predeceased by her sister Donna Morrissey.

Joan was a devoted aunt to Dawn Ryan, Julie, Frederick, Patricia, John, Kara, Christa and Robert Labanara, and the late Edward M. Morrissey, Jr., and "Grand Aunt" to numerous nieces and nephews.

A Mass of Christian Buri- al will be held on Satur-



day, Sept. 28, at St. Wil- liams Church, 1351 Main St., Tewksbury, at 11:30 a.m.

To plant trees in memo- ry, please visit the Sym- pathy Store.

## Daniel James Jackson

Loved traveling to Nova Scotia

Wilmington native Dan- iel James Jackson was born on Dec. 12, 1955 and passed away on Sept. 4, 2024

It is with heavy hearts that we share that Dan has passed after his long battle with Parkinson's and Lewy Body Disease.

Danny was an amazing son, best brother, loving husband, and friend to many. Born and raised in Wilmington to parents from a long line of Cana- dian farmers, barn build- ers in New Brunswick, fishermen from Woods Harbour, NS, and carpen- ters in Massachusetts.

He was an amazing tea- cher. He was reliable, kind,

patient, honest, a man of his word.

He met his wife, Cher, on Cape Cod. They knew it was meant to be. He pro- posed one month after meeting and married two months later. Soulmates for life.

After meeting Cher's family and friends in Nova Scotia, it was their favorite place to visit. In 2017, they retired to "Novi" and Dan became a citizen of Can- ada. A place they called home. They loved adven- tures, long drives to Woods Harbour, New Brunswick, PEI, the valley, and Digby.

Dan had a great sense of humor, loved meeting friends at the pub, sharing



good food, a pint or two, and telling jokes.

Danny had a great life. Gone but not forgotten, never apart, forever in our hearts.

## Alice E. Shea

Loved animals and her family

Alice E. Shea, age 84, of Venice, FL, formerly a long-time resident of Wil- mington, passed away sur- rounded by her loving family on Sept. 16, 2024.

Alice was born on April 8, 1940, in Galway, Ireland; she was the cherished daughter of the late Mi- chael and Mary (Gill) McEvilly. Alice immigrated to the United States in April 1963.

Alice met and married her loving husband, Fran- cis J. Shea in April 1966. The couple settled in Wil- mington where they raised their three chil- dren, Frank, Mary, and Kathy. Alice and Francis shared many wonderful memories until he passed away from cancer in April 1987.

Alice worked at Scully Signal Company for many years before retiring in April 2005. Following her retirement, she moved to Florida where she enjoyed the rest of her days mak- ing new friends and loving her retirement.

In her spare time, Alice enjoyed taking walks and coloring. She will be re- membered for her love of animals and her family.

Alice is survived by her children Francis P. Shea of Billerica, Mary E. (Shea) Doherty and her husband Edward F. Doherty of Venice, FL, Kathleen T. (Shea) McGurl and her husband Brian McGurl of Billerica.

Alice is also survived by her grandchildren, Mi- chael Shea and Sarah Shea of North Andover, Colin Shea and Patrick Shea of Billerica, and Colleen McGurl and Wil- liam "Billy" McGurl of Bil- lERICA, and her two great- granddaughters, Rose and Grace Sousa of North An- dover.

Family and friends will gather at the Nichols Fu- neral Home, 187 Middlesex Ave., (Rt. 62), Wilmington on Saturday, Sept. 28 at 9:30 a.m. immediately fol- lowed by a Funeral Mass in St. Thomas of Villanova Church, 126 Middlesex Ave.,



Wilmington at 10:30 a.m. Interment will follow in Wildwood Cemetery, Wil- mington. Visiting hours will be held at the Funeral Home on Friday, Sept. 27 from 5 - 8 p.m.

Memorial donations in Alice's name may be made to the End Alzheimer's Now Foundation, c/o Alz- heimer's Association, 225 N. Michigan Ave., FL 17, Chicago, IL 60601 or [www.alz.org](http://www.alz.org)

[www.nicholsfuneral-home.com](http://www.nicholsfuneral-home.com)

# CALL FOR WALKERS:

## Register for the 36th annual Boston Marathon Jimmy Fund Walk

BOSTON — Register for the 2024 Boston Ma- rathon® Jimmy Fund Walk presented by Hyun- dai. Scheduled for Sun- day, Oct. 6, funds raised from the Jimmy Fund Walk support all forms of adult and pediatric care and research at the nation's premier cancer center, Dana-Farber Can- cer Institute. The Jimmy Fund Walk has raised more than \$176 million for Dana-Farber in its 35-year history, raising a record-breaking \$9.4 mil- lion in 2023.

One Walk,  
Four Distances,  
For All Cancers

The Jimmy Fund Walk is the only organized walk permitted to use the famed Boston Ma- rathon® course, and partic- ipants have the flexibili- ty to choose from four distance options:

- 5K walk (from Dana- Farber's Longwood Me- dical Campus)
- 10K walk (from New- ton)
- Half Marathon walk (from Wellesley)
- Marathon walk (from Hopkinton)

Whatever route partic- ipants choose, they will be supported by hundreds of volunteers and treated to refueling stations with refreshments throughout the course. Poster-sized photographs of patients — Jimmy Fund Walk Heroes — are the heart of the event and appear along the course as inspiration. Due to ongoing construc- tion in Copley Square, all routes will conclude at the Jimmy Fund Walk Finish Line Powered by Schnei- der Electric at Boston Common, by the corner of Charles and Beacon

Street. Finish line activi- ties will include a celebra- tion with food, entertain- ment, and more. Walkers can participate virtually as well.

Register as an individ- ual walker, team mem- ber, or start a team! Take advantage of this unique opportunity and lead a group of your fam- ily, friends, or colleagues toward the ultimate fin- ish line: a world without cancer.

Volunteers are needed to cheer on participants, serve snacks, distribute T-shirts, and more, at the four start locations, along the course, and at the finish line. The Jim- my Fund Walk would not be possible without the hundreds of dedicated volunteers who donate their time, talent, and energy. Register to vol- unteer today.

To register for the Walk (#JimmyFundWalk) or to support a walker, visit [www.JimmyFundWalk.org](http://www.JimmyFundWalk.org) or call (866) 531-9255. Registrants can enter the promo code NEWS for \$5 off the reg- istration fee. All regis- tered walkers will re- ceive a bib, medal, and a Jimmy Fund Walk T- shirt.

About the  
Jimmy Fund

The Jimmy Fund is comprised of commu- nity-based fundraising events and other pro- grams that, solely and directly, benefit Dana- Farber Cancer Institute's lifesaving mission to pro- vide compassionate pa- tient care and ground- breaking cancer research for children and adults. The Jimmy Fund is an official charity of the

Boston Red Sox, the Mas- sachusetts Chiefs of Po- lice Association, the Pan- Mass Challenge, and the Variety Children's Char- ity of New England.

Since 1948, the gen- erosity of millions of people has helped the Jimmy Fund save count- less lives and reduce the burden of cancer for pa- tients and families world- wide. Follow the Jimmy Fund on Facebook, X, and Instagram: @The JimmyFund.

About Dana-Farber  
Cancer Institute

Dana-Farber - Cancer Institute is one of the world's leading centers of cancer research and treatment. Dana-Far- ber's mission is to re- duce the burden of can- cer through scientific inquiry, clinical care, education, community engagement, and advoca- cy. Dana-Farber is a federally designated Comprehensive Cancer Center and a teaching af- filiate of Harvard Medi- cal School.

We provide the latest treatments in cancer for adults through Dana- Farber Brigham Cancer Center and for children through Dana-Farber/ Boston Children's Can- cer and Blood Disorders Center. Dana-Farber is the only hospital nation- wide with a top 5 U.S. News & World Report Best Cancer Hospital ranking in both adult and pediatric care.

As a global leader in oncology, Dana-Farber is dedicated to a unique and equal balance be- tween cancer research and care, translating the results of discovery into new treatments for pa-

# Laboy inducted into The Honor Society of Phi Kappa Phi

BATON ROUGE, LA — Evangelina Laboy of Tewksbury was recently initiated into The Honor Society of Phi Kappa Phi, the nation's oldest and most selective all-disci- pline collegiate honor so- ciety. Laboy was initiated at MCPHS University.

Laboy is among approx- imately 20,000 students, faculty, professional staff and alumni to be initiated into Phi Kappa Phi each year. Membership is by invitation only and re- quires nomination and approval by a chapter. Only the top 10 percent of seniors and 7.5 percent of juniors are eligible for membership. Graduate students in the top 10 per- cent of the number of candidates for graduate degrees may also qualify, as do faculty, profession- al staff and alumni who have achieved scholarly distinction.

Phi Kappa Phi was founded in 1897 under the leadership of undergrad- uate student Marcus L. Urann who had a desire to create a different kind of honor society: one that recognized excellence in all academic disciplines. Today, the Society has chapters on more than 300 campuses in the Uni-

ted States, its territories and the Philippines. Its mission is to "cultivate a community that cele- brates and advances the love of learning."

More About  
Phi Kappa Phi

Founded in 1897, Phi Kappa Phi is the nation's oldest and most selective collegiate honor society for all academic disci- plines. Phi Kappa Phi inducts approximately 20,000 students, faculty, professional staff and alumni annually.

The Society has chap- ters on more than 300 select colleges and uni- versities in the United States, its territories and the Philippines. Member- ship is by invitation only to the top 10 percent of seniors and graduate stu-

dents and 7.5 percent of juniors.

Faculty, professional staff and alumni who have achieved scholarly distinction also qualify. The Society's mission is to "cultivate a commu- nity that celebrates and advances the love of learning."

For more information, visit [www.PhiKappaPhi.org](http://www.PhiKappaPhi.org).

# Robot block party in Tewksbury

TEWKSBURY — See the Tewksbury Titans (FRC Team 1474) at the Robot Block Party. The Titans are a high school robotics team from Tewksbury Memorial High School that competes in the FIRST Robotics Competition. They will show their robot to the thousands of attendees at the Ro- bot Block Party.

RoboBoston and the Robot Block Party make up the world's

largest celebration of robotics and technolo- gy.

This free and open-to-the-public event will feature more than 50 companies, universi- ties, and student teams and their robots. Come see or interact with everything from robotic bees and dogs to hu- manoids.

The event schedule is:  
Saturday, Sept. 28

- 10:45 a.m. - Robot Parade: Watch robots roam, strut and roll in the Seaport
- 11 a.m. - Ribbon Cutting
- 11 a.m. - 4 p.m. - Robot Block Party: A family-friendly day of interactive tech fun

Get free tickets at <https://www.eventbrite.com/e/roboboston-7th-annual-robot-block-par-ty-tickets-906781888037>.

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## Upcoming local events

**September 26, Tewksbury Community Market.** 4 - 6 p.m. Come to the last market of the season! Stock up on all of your market treats! Livingston Street Recreation Area, Livingston Street, Tewksbury.

**September 28, Free Community Health Fair,** free flu shots, health screenings, giveaways, meet your state representatives, learn about public health, Public Health Museum, 365 East St., 10 a.m. - 3 p.m. Free

**September 28, Wilmington High School Class of 1966 58th Reunion, Knights of Columbus Hall,** 7 - 11 p.m. For more information, call Charlotte Guthrie at 978-658-4749.

**September 29, Friends of the Tewksbury Public Library, Bowl-a-thon at Wamesit Lanes,** 6-9 p.m. \$30 per person or \$150 for a team of six includes two hours of lane rental, shoe rental, pizza and unlimited soft drinks. Tickets may be purchased online at the Friends website, <https://www.friendstplibrary.org/bowlathonwamesit>

**September 29, Bambino Baseball, East Street fields.** 11:45 a.m. - 12:30 p.m. Come out and help specially abled players enjoy a game of baseball. Volunteers needed- please show up and be a buddy! Email [Daniel.paul.abbott@gmail.com](mailto:Daniel.paul.abbott@gmail.com) for more info.

**October 1, Candlelight Overdose Vigil,** 6 p.m. name signing of loved ones lost, 6:30 p.m. start of vigil. Tewksbury Hospital, 365 East St., Tewksbury.

**October 5, Karaoke Night,** 6 - 10 p.m., American Legion Post 136, Wilmington, Pizza, Music, Singing, Cash Bar. Checks made out to: The Committee to Elect George Ferdinand.

**October 6, Blessing of the Animals,** 1 - 2:30 p.m., Tewksbury Congregational Church, 10 East St. All

are welcome! Please bring pets in cages or on a leash and ensure that they are well behaved with other animals and humans. Thanks! If your pet has died or you can't bring it, please bring a picture or a stuffed animal to be blessed. A treat bag and a blessing card will be provided to every participant.

**October 6, Family & Friends Sunday Breakfast,** 8:30 a.m. to 12 p.m., Tewksbury Senior Center, 175 Chandler St., \$10 Adult/\$5 under age 10. No sign up just drop in. Breakfast menu includes bacon, sausage, eggs, home fries, toast, juice, coffee/tea. Everyone is welcome!

**October 9, Power of Flowers Spread the Joy Luncheon,** Four Oaks Country Club, Dracut. 11:30 a.m. - 2:30 p.m. Buffet lunch to support the event. \$60. Contact: [michelle@pofproject.org](mailto:michelle@pofproject.org)

**Thursdays, Saturdays, and the first Sunday of the month, Public Health Museum,** 365 East St., Open for indoor and campus tours. Check website for times. [Publichealthmuseum.org](http://Publichealthmuseum.org)

**Book Store Next Door, Wednesdays and Saturdays,** 10 a.m. - 4 p.m. The Book Store is staffed by volunteers from the Friends of the Wilmington Public Library. All proceeds help support library programs. Next to Wilmington Public Library.

**Sundays, Lowell Streetcar Museum,** 11 a.m. - 4 p.m., Adults \$3, seniors and youth age 3-12 \$2, children under 3 are free. Cash only. 25 Shattuck St., Lowell.

**Wilmington Town Museum, Mondays and Tuesdays,** 10 a.m. - 2 p.m., Harnden Tavern, 430 Salem St. (Route 62), Wilmington

**Middlesex Canal Museum, Saturdays and Sundays,** noon - 4 p.m., 71 Faulkner St., North Billerica

## Book Stew Review

### 'Long Island' by Colm Toibin

By EILEEN MACDOUGALL

So now, with this sequel to Brooklyn (2009), there will be at least an Eilis Lacey trilogy! The cliff-hanger ending is frustrating, but it's an excellent yet disconcerting trip from Lindenhurst, NY to Ennis-corthy, Ireland.

Eilis is devastated when husband Tony's infidelity results in his fathering a child that will not be accepted by the cuckolded husband, a client of his plumbing business. Tony's infidelity seems to be a one-off, but there is never an adequate explanation for his journey off the rails.

Eilis refuses to accept the likelihood of the baby to be brought to her doorstep and also forbids any of her in-laws to accept the child. Her scheming mother-in-law, with her Italian family firmly behind her, works to change her mind, but Eilis uses her own mother's 80th

birthday as an excuse to return to Ireland after 20 years away.

There she encounters Jim, a pub owner with whom she'd had an affair and then abruptly fled back to America and to Tony, 20 years earlier. Eilis and Jim's desire for each other has not cooled, although Jim is secretly engaged to Eilis's best friend Nancy, a widow.

Her own mother is a piece of work — a gossiping hypocrite who nevertheless truly loves and appreciates Eilis and Tony's son and daughter, who have made the trip with her.

Jim and Eilis' passivity is brutally evil to Nancy, and no matter what they decide for their future, it's going to have a miserable outcome.

There will be a difficult reckoning for the third book, and engaged readers can speculate and name their own adventure for the two families.



▲ Massachusetts Firefighting Academy instructors use outdated cameras, monitors, and electronics to observe students training in the SCBA Maze. This maze will be replaced with a modern, trailer-based prop thanks to a \$435,000 FEMA Assistance to Firefighters Grant. (Courtesy photo)

## Mass. Firefighting Academy receives \$435,000 grant for new training trailer

STOW — State Fire Marshal Jon M. Davine announced today that the Massachusetts Firefighting Academy has received nearly \$435,000 in federal grant funding toward the purchase of a new mobile trailer, referred to as a training prop, that will serve firefighters across Massachusetts.

The FY23 FEMA Assistance to Firefighters Grant (AFG) funding will allow the MFA to replace the aging Self-Contained Breathing Apparatus (SCBA) Training Maze permanently installed at its Stow campus, where about 450 recruit firefighters train each year. At nearly 40 years old, the Stow maze is approaching the end of its useful lifespan with damaged, outdated, or obsolete cameras, lighting, and electronics.

"The SCBA Maze is a fundamental fire training prop," said State Fire Marshal Davine. "It helps users build confidence under stress, manage their air consumption, and operate in a confined space environment. These skills are foundational at the recruit level, but they remain important throughout a firefighter's career. We are deeply grateful to FEMA for helping us expand access to this valuable asset."

Transitioning to a trailer-based prop with modern components will not only enhance the training experience but also make it available to more experienced firefighters at local fire departments across the region. In addition to the Stow maze slated for replacement, the Academy currently hosts a 32-year-old maze trailer at its Bridgewater campus, where it remains usable in place but is no longer roadworthy and cannot travel. A seven-year-old maze trailer is based at the MFA's Springfield campus, where it serves recruits on site and also travels to local fire departments, delivering training sessions to serve more than 500 municipal firefighters across the Commonwealth last year.

The new trailer is expected to cost about \$500,000, with the balance funded through the Department of Fire Services' budget. It will be the second based at the MFA's Stow campus, which also serves as DFS headquarters and draws the largest share of recruit firefighters statewide. The other trailer is being funded



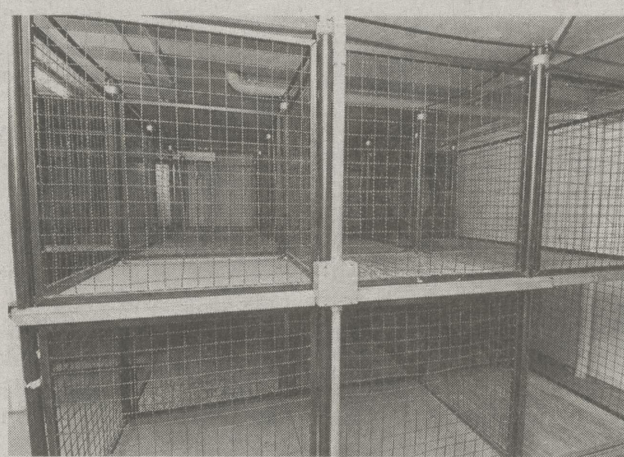
▲ The FEMA Assistance to Firefighters Grant will provide \$435,000 in funding for a trailer-based SCBA Maze prop like this one that will train Massachusetts Firefighting Academy recruits on campus and can travel to serve experienced firefighters at their local fire departments. (Courtesy photo)

with an FY20 FEMA AFG award and will alternate with the FY23 award trailer for on-campus and local delivery use, extending the useful lifespan of both props.

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FEMA offers the Assistance to Firefighters Grant to meet the firefighting and emergency response needs of fire departments and non-affiliated emergency medical service organizations. State firefighting academies have been eligible for this grant program for about 10 years and the Massachusetts Firefighting Academy has successfully applied each year, receiving a total of nearly \$4 million in funding for vital training resources.

In addition to the maze props, the MFA has purchased several other vehicles and training systems through the AFG program that would otherwise have been prohibitively expensive: a forcible entry trailer, a flash-over training prop, search and rescue buildings on the Bridgewater and Springfield campuses, a Hazmat leak prop, and a



▲ The SCBA Maze permanently installed at the Massachusetts Firefighting Academy's Stow burn building is nearly 40 years old and will be replaced with a trailer-mounted version through a FEMA Assistance to Firefighters Grant. (Courtesy photo)

Mobile Extraction Unit to clean large quantities of firefighting gear of contaminants that can contribute to occupational cancer.

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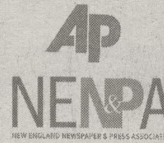
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# Wellness & Health

Your Money & your Health

## 3 tips for sticking to a healthy lifestyle plan



(BPT) - As the seasons change, a familiar moment of truth happens in many households. When you're turning over your closets - putting away your sweaters until next year, and bringing out the t-shirts, shorts and sundresses - you begin wondering how your summer clothes mysteriously got one size smaller over the winter. And then the realization hits: your New Year's resolution to exercise more and eat right has fallen by the wayside. It's all too common. According to recent re-

search out of The Ohio State University, only 9% of Americans who make resolutions stick to them. Some 23% quit in the first week and 43% quit by the end of January.

It's not the resolutions themselves that are the problem. Exercising more is an excellent goal! It's the motivation factor. How can you make healthy lifestyle changes that will stick? Dana Ryan, Ph.D., MA, MBA, director of sports performance, nutrition and education and Chair of the

Herbalife Fitness Advisory Board at Herbalife, says it's all about enjoyment, community and confidence.

"In my opinion, the magic ingredient that helps boost the motivation is making friends and becoming part of a community," Ryan says. "The added accountability that friendships or fitness mates can provide can help to create long-lasting healthy active habits."

The Ohio State research study found the same thing. Accountability is a key factor in sticking with positive changes. But, it's about more than dutifully reporting in. Much more. Here are Ryan's top three tips for making healthy changes in your lifestyle that stick, supported by research from the National Library of Medicine.

Choose an activity you

enjoy while you're doing it. It's crucial to pick an activity you enjoy and that feels good to your body. This is a huge predictor of success, and it's a typical area that people get wrong. When embarking on a fitness journey, many people focus on how they feel after the workout is over. A sense of accomplishment, that buzz of electricity, a rush of endorphins. But if you're slogging through a workout - running on a treadmill as you watch the distance tick off, ever so slowly - to feel good after it's over, it's likely you won't stick to it for long. Burnout will kick in quickly and you'll be making excuses to

**LIFESTYLE PLAN  
NEXT PAGE**

## When it comes to supporting seniors, choosing care is personal

No one likes to be in a position of asking for help, but as we get older, most of us have to get comfortable accepting assistance. That help might be cobbled together from family and friends, paid staff or the community. When your support system is loosely organized, it can all fall apart if the usual help isn't available, or when you temporarily need extra support, like after surgery.

The question is, how can you get the right amount of reliable help without giving up the independence that you value? Consider PACE, like the Element Care PACE program that operates in more than 40 towns across the North Shore and Merrimack Valley. PACE stands for Program of All-Inclusive Care for the Elderly, and it certainly does include a lot of different kinds of support for older adults who need extra help but want to keep living in the communities they call home.

A big part of what makes Element Care PACE unique is the healthcare. Rather than chasing referrals and

appointments all over town, all of your doctors, specialists and visits happen through Element Care's network. They have all the bases covered, including dental, vision, and hearing, as well as mental health, nutrition, and physical and occupational therapy. When you're in the program, all these health services are included and available when you need them.

Like so many aspects of life with PACE, your healthcare is personalized based on what you need. If you need services at home, you can get help with your meals, personal care or housekeeping. For folks who want to get out and about, one of the best parts of the program is everything that's going on at the Day Centers.

Element Care's centers in Lynn, Gloucester, Beverly, Methuen and Lowell are a bustling hub of activity every day, with safe transportation provided. Besides being the location for most of your health services, the Day Centers are

**ELEMENT CARE  
NEXT PAGE**

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# How to protect your hearing from loss at any age

Taking care of your health is more important as you age, but one aspect of your well-being that's often neglected is hearing health. For many, hearing loss is ignored until its effects appear: difficulty socializing, isolation or depression, balance problems and even cognitive decline.

Hearing is an integral part of how everyone interacts with the world, physically, mentally and emotionally. And although hearing loss is not reversible, it can be managed with proper intervention.

Here are tips to help you protect your hearing while engaging in activities you

love, so you can continue to enjoy them for many years to come, plus advice for checking your hearing status and benefiting from the latest hearing technology.

## How loud is too loud?

According to the National Institutes of Health, extended periods of exposure to sounds at or above 85 A-weighted decibels (dBA) can cause hearing loss. For perspective, your lawnmower produces 80-100 dBA, and fireworks 140-160 dBA. Many common activities can impact your hearing over time, leading to hearing loss, tinnitus (ringing in your ears) and balance issues.

For this reason, it's important to wear hearing protection when engaging in any loud activities, just as you wear sunscreen to protect your skin while outdoors.

Because damage to your ears is cumulative and may not be realized until later in life, the time to protect them is now.

## Occupational hazards - at home

While the Occupational Safety and Health Administration (OSHA) has required the use of hearing protection for fields like manufacturing, construction and transportation with exposure to sound at or



above 85 dBA since 1981, it's not something you may think about when working around the house.

However, while doing yardwork or home projects with power tools, lawnmowers and leaf blowers, hearing protection is recommended just as if you were on the job.

## The sound of music

If you love attending concerts or play an instrument yourself, too much exposure can be detrimental to your hearing. The National Institutes of Health advises trying inexpensive single-use foam ear plugs to help protect your ears from occasional exposure to loud music and other sounds.

## Recreational noise

The same goes for many other activities that can generate loud sounds. If you enjoy motorcycling, snowmobiling, shooting or motor boating, hearing protection is always a good idea. Even typical sporting events can range from 94-110 dBA, making them among the noisiest environments people are regularly exposed to.

## How to determine noise levels

If you're concerned about noise where you frequently spend time, there are some downloadable apps for your smartphone that can gauge the decibel level for you to help you determine if you need hearing

protection.

## What to do if you notice hearing loss

If you frequently miss parts of conversations or often ask people to repeat themselves, it's possible hearing loss is the culprit. Other clues: you turn up the TV or radio louder, or you hear intermittent ringing or buzzing in your ears.

The best way to know is by taking a hearing test. Try an easy, convenient online version like the one at LexieHearing.com, developed to identify the possibility of some forms of hearing impairment. It's always advisable to consult with a hearing health professional if you're concerned about your hearing.

## Good news about today's hearing aids

Hearing aid technology has come a long way in recent years. In October 2022, the FDA established a new category of over-the-counter (OTC) hearing aids for adults 18 and older with perceived mild-to-moderate hearing loss in order to increase the public's access to hearing aids and improve overall hearing health. These new hearing aids are available at retail stores nationwide without a prescription.

For example, Lexie Hearing provides its newest Lexie B2 Plus hearing aids direct to persons 18 and

older with perceived mild-to-moderate hearing loss, along with free lifetime Lexie Expert support. Their FDA-cleared, rechargeable hearing aids offer clear, quality sound powered by Bose, which provides up to 18 hours of run time on a single charge.

Some OTC options - such as the Lexie B2 Plus Hearing Aid - are also FSA and HSA eligible, and available through some insurance hearing health plans.

## The importance of hearing

For anyone with mild-to-moderate hearing loss, being able to hear your friends and loved ones, as well as participating in everything you love, makes all the difference for your physical, mental and emotional well-being. Using hearing aids may help slow the risk of cognitive decline for some, and even improve your interpersonal relationships.

Being able to fully participate in your active life for years to come is well worth the effort of protecting your hearing - and successfully managing the hearing loss you may already experience.

In honor of Healthy Aging Month, learn how to stay fully engaged in your life at LexieHearing.com.



## • Element Care (From previous page)

where other seniors gather to socialize, enjoy meals together, exercise, and take part in any number of activities from cards and games to crafts and dancing. At the end of the day, you get to go home to your familiar surroundings.

More help is something we all need as we get older, but getting the support you need is a personal choice. When your independence is at stake, you need a reliable system that's personalized for your lifestyle. With a program like Element Care PACE, participants get to enjoy the best of both

worlds: true independent living, at home in the community, along with highly personalized and all-inclusive care for all the important things. When you can count on help like that, you can get back to enjoying your independence without relying on friends or family for every little thing.

If you or a loved one could benefit from PACE at Element Care, call today to talk to their knowledgeable staff and find out if you qualify at (877) 803-5564 (TTY 711). Or, learn more online at [elementcare.org](http://elementcare.org).

## • Lifestyle plan (From previous page)

skip the gym. Instead, find an activity that makes you feel good while you're doing it.

Not sure what that is? Try different things. Take a yoga class, experiment with Pilates, book a few sessions with a personal trainer at the gym, join the rowing club on a nearby lake or river, rent a kayak for a few hours. Dust off your bike and get it tuned up, and take it for a spin. Find a pickleball club near you. Get those 10,000 steps in with a neighbor each morning. You'll find something you like to do, guaranteed.

Stick with it past the learning curve. This is key. Give it a shot. It's especially true if you're trying a new activity. Didn't realize how hard it is to hold the downward dog pose in yoga? Feel clumsy in a rowing shell? Can't lift as much weight as you thought you could? Don't sweat it. You don't have to be perfect right away. Most people aren't Serena Williams the first time they pick up a tennis racket. The secret is to give it a little time for your body to get used to those new movements. You'll get better at it. Yoga will get easier, you'll be able to bike farther, Pilates will feel more natural. It is at that point you'll start to feel body confidence. And then you're hooked.

Find a community where you feel recognized and supported. Here's where accountability comes into play. But remember, it's not about dutifully reporting in. It's about

finding a community to support your fitness goals. It could be a yoga class that you take at the same time each week, or a fitness club you frequent every day after work. It could be a workout buddy you meet up with at the park, a group of neighbors who walk together, a wellness coach who motivates you through your nutrition and fitness routine, or even your dog, who waits at the door each morning with his leash. Numerous studies show how finding community, even if it's a community of just one other person, helps people achieve their fitness goals.

Each of these tips builds on and supports the others. If you pick an activity that you enjoy, you'll experience a heightened emotional response and a greater release of the exercise-induced happy hormones dopamine and serotonin. This induced feeling of joy may encourage you to keep at it. If you keep at it beyond the learning curve, you'll master body movement and feel confident, and that will keep you coming back for more. And if you do it with a buddy, it will elevate your social connections and encourage you further.

Even if those resolutions fell by the wayside, it's not too late to pick them up! And watch how those summer clothes will magically become the right size again, just in time for the warmer weather.

## The Fuller House Future Fund

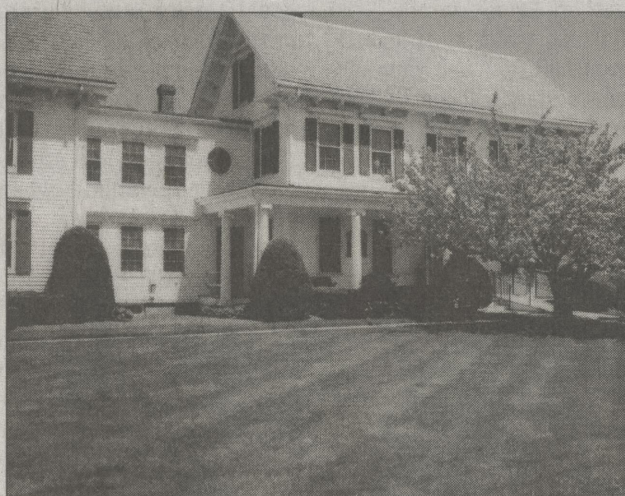
Dear Friend,

I am writing to you on the behalf of The Fuller House of Stoneham, a 501 C 3 non profit organization, and our Charitable Campaign. We continue to thrive for over 100 years of continuous quality care to our senior citizens. What began in the early 1900's as a family's bequest of their home and substantial endowment with the vision to provide for the elderly population has blossomed into one of the finest small Rest Homes in New England.

We extend our request to area community members, businesses and families to become a part of the movement to support the Fuller family's mission to serve aging residents. A tax deductible charitable contribution can be made as a one time or recurring donation, as a memorial with a passing of a loved one or within estate planning.

Our quaint Bed and Breakfast style private bedroom facility is beautifully landscaped and maintained offering 24 hour care. Our affordable rates include three daily home cooked meals and snacks, medication management, assistance with ADL's (daily tasks), activities and additional amenities. The committed staff consistently goes above and beyond to ensure all the residents are well cared for; we truly are a family. Our qualified Staff and Board of Directors are committed to the ongoing success of The Fuller House; a unique alternative to large corporate facilities.

The Fuller House is a private pay facility and strives to continue to offer affordable and modest monthly rates. We also work closely with the Veteran Affairs and PACE programs for families



THE FULLER HOUSE of Stoneham 32 Franklin Street Stoneham, MA 02180 781-438-0580 [www.FullerHouseofStoneham.com](http://www.FullerHouseofStoneham.com)

who need financial assistance. 100 % of the donations received will be used for the residents and assist in maintaining the quality services that we offer and ensure that the mission to care for our elderly continues for many more years to come. I am sure the Fullers would be quite pleased and proud to see that their vision helped so many and remains so strong and vital.

Become a part of our continuing history; donate now and make a difference by giving to The Fuller House Futures Fund. All donations are greatly appreciated and can be submitted to The Fuller House located at 32 Franklin Street, Stoneham, MA 02180. Tours are always welcomed.

Warm Regards, Judy Gallucci O'Brien, Executive Director James Corso, Board of Director President

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Stoneham, MA 02180  
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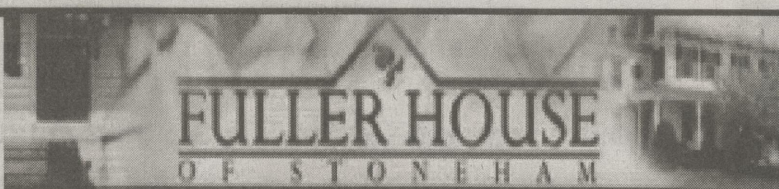
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DAILY TOURS AVAILABLE



# Lifestyle

## Fall in love with Asters this season

By **HEATHER BURNS**  
News Correspondent

**A**utumn is a time of year known for its bright and vivid colors that adorn the changing foliage of the trees of New England.

However, this color theme often does not apply to the flower garden as most summer blooms are fading by late September.

Traditionally, the fall Chrysanthemum is the go-to plant to add a touch of color to your mid-fall garden landscape, but there is another late season bloomer you may want to consider for this year.

Like the more popular fall mum, fall Asters are cold-hardy perennials that boast colorful flowers that will bloom from late summer until mid-late fall.

According to the Farmer's Almanac, there are more than 600 Aster species, but the most common species for our area are the New England Aster (a.k.a. *Symphyotrichum Novae-Angliae*) and

the New York Aster (a.k.a. *Symphyotrichum Novi-Belgii*).

These Asters produce mounds of daisy shaped blossoms in shades of blue, purple and white.

The name "Aster" comes from the Ancient Greek word meaning "Star." This is a fitting name for this plant as the small daisy shaped blossoms also resemble a bursting star.

Because Asters are perennial plants (meaning they grow back year after year), they can be planted in the ground as early as mid-late spring. They also make for a nice potted plant display and their cool blue/purple color mixes nicely with the warm colors of traditional fall mums on your patio or doorstep.

Keep in mind when planning your fall Asters that they prefer soil with good drainage and do not like to be overwatered.

They do well in full sunlight, but will tolerate partial sunny areas.

When planting Asters directly into the ground in

the spring, you may want to cut back the plant by one-third in early summer to promote more blooms later in the season.

In winter, cut back Asters after the foliage has died to about one-inch above soil level.

Plan on dividing your Aster plants every two to three years to maintain plant strength and flower quality. Asters also tend to spread over time, so splitting the plants every few years will also help keep their size under control.

For patio and potted displays, the soft blue/purple color of Asters will contrast nicely with the dark jewel tones of mum plants and the bright colors of pumpkins and gourds.

This fall, why not fall in love with your front porch and garden display with the addition of fall Asters.

Their unique color and texture will add an extra layer of depth that will enhance your fall decorations and brighten other fall plantings.



▲▼ Fall Asters are frost-hardy perennials that burst with late season blooms, and make a good addition to the traditional fall mum plant for your seasonal garden displays. (Heather Burns photos)



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# Experts offer tips that focus on the joy of caring for a loved one with Alzheimer's

(BPT) - When you have a loved one with Alzheimer's or dementia, it's normal to worry about their well-being. However, adults with these conditions can continue living positive, fulfilling lives, especially in the familiar environment of their own homes. Research suggests living at home as long as possible is associated with a better quality of life for anyone with dementia or Alzheimer's.

According to the Alzheimer's Association, nearly 7 million Americans live with Alzheimer's, and it's estimated nearly 13 million will be diagnosed with the condition over the next 25-30 years. For families of those affected, that can mean many years of caring for their loved one. While caregiving can be challenging, there are also silver linings.

"Caring for a person with Alzheimer's at home often falls to adult children, spouses and other family members," said Sherri Snelling, gerontologist and spokesperson for Comfort Keepers. "Because Alzheimer's is a progressive neurodegenerative disease with memory loss, behavioral changes, physical and communication issues, caregiving can be challenging and sometimes exhausting. Family members need resources and professional help to meet their loved one's changing needs, so they can focus more on quality time and creating joyful moments with their loved one."

Here are tips from Snelling to help you make

the most of time with your loved one - and to bring more joy into your lives.

1. Consider safety first  
To help improve safety and reduce your worry, these steps can make their home environment safer.

Keep the home well-lit: Hallways, stairs, bathrooms, kitchens and bedrooms benefit from nightlights for seniors who are more active at night.

Identify tripping hazards: Excess furniture, throw rugs and other tripping hazards should be removed.

Lock outer doors/secure hazardous materials: Areas of the home containing anything hazardous should be kept locked, and locks on exterior doors can help prevent nighttime wandering.

Provide handrails: Bathrooms, showers, hallways and stairs are safer with rails or grab bars at an appropriate height.

2. Offer opportunities for joyful connections

Alzheimer's adults can continue to live happy, fulfilling lives. Maximize your time together by engaging their senses and exploring memories from their amazing lives.

For example, provide visual reminders of beloved people and places through framed pictures, photo albums, videos and artwork, listen to favorite music, explore comforting textures through hobbies like crafting, and enjoy tastes and smells they love through home-cooked meals and baked goods.

Focusing social interactions around these sensory activities with family



members, friends, neighbors and empathetic caregivers also helps boost the joy in your daily lives.

3. Encourage reliable routines

Maintaining a schedule is crucial. It reassures your loved one that days are predictable rather than confusing, helps you know what to expect on a daily basis so you can be there when needed, and also assists others, including professional caregivers, to know when their help is needed or anticipated.

4. Don't be afraid to ask for help

Many people in your family and social circle may want to help, but may not know how. Ask for specific assistance with well-defined limits. For example, ask a neighbor to pick up certain

grocery items, or call a family member to visit for an hour at a given time.

You can also benefit from well-trained, empathetic and experienced assistance from Comfort Keepers caregivers, who understand the struggles you may face caring for a loved one with Alzheimer's disease or dementia at home. Their caregivers engage seniors in intellectual, physical and emotional interactions, complementing their medical treatment and improving their quality of life.

The caregivers at Comfort Keepers believe everyone should experience connection, purpose and

uplifting moments, no matter their age or level of care they need. The support families receive from Comfort Keepers includes:

- \* Specially trained caregivers

- \* Family education to better understand dementia and Alzheimer's

- \* Tasks geared to your loved one's interests to engage them physically, mentally and emotionally

- \* In-home services including personal care, companionship, medication reminders and family respite care

- \* In-home safety technologies including medical alert systems and motion detectors

"We know you'd rather spend time as your loved one's spouse, daughter, son or other family member," said Chief Happiness Officer at Comfort Keepers Saudia Gajadhar. "We create individualized care plans focusing on your loved one's physical and mental needs and goals, elevating the human spirit by supporting their happiness, dignity and purpose with positivity."

In honor of World Alzheimer's Month this September, visit ComfortKeepers.com to learn how you can be supported in the joyful care of the senior who means so much to you.

## The invisible burden of type 1 diabetes through the eyes of a caregiver

(BPT) - Sponsored by Sanofi Caregiving for those with type 1 diabetes is more than a responsibility, it's a full-time job, requiring around-the-clock care and attention. From monitoring your loved one's blood sugar, to managing food intake, and so much more, being a type 1 diabetes caregiver requires being comfortable and confident in the face of a million uncomfortable decisions that must be made every day. These ongoing, significant - and the seemingly mundane - actions and decisions can take both a tangible and intangible toll on the health and well-being of caregivers, who often put their own needs on hold to support someone else.

Cassie Bailey, a mother to son Josiah, who was diagnosed with type 1 diabetes at age 5, knows firsthand the toll caregiving can take. "When Josiah was first diagnosed, our family's whole world got flipped upside down," Bailey explains. "As a mom and a caregiver to a young person living with type 1 diabetes, there's no textbook that tells you how your day is going to go - and that can be both mentally and emotionally taxing."

To better identify and ultimately understand the impacts of a type 1 diabetes diagnosis on caregivers like Bailey, Beyond Type 1 - a leading organization dedicated to changing what it means to live with diabetes - conducted "The Cost of Not Knowing" survey, which was commissioned by Sanofi. The findings highlighted the emotional, social, and financial impacts of diagnosis on caregivers of children under 18 with type 1 diabetes, and also adults over 18 with the condition.

Let's take a look at key takeaways from "The Cost of Not Knowing" as it relates to caregivers of type 1 diabetes children, told through Bailey's experience:

**Navigating the emotional toll**

For many, a type 1 diabetes diagnosis can come unexpectedly and can happen when someone is already seriously ill, leaving caregivers shocked and uncertain about the future. Unfortunately, that was the case for the Baileys. When Josiah was first diagnosed, he ended up in the hospital in diabetic ketoacidosis (DKA), a serious complication of type 1 diabetes that can be life-threatening. "Josiah's diagnosis was heartbreaking; as a mom, you never want to see your child sick," Bailey shares. "We were completely blindsided and unprepared. In hindsight, I know now that he was experiencing symptoms but, at the time, it was easy to explain them away, until one day he collapsed. We rushed him to the hos-

pital, where he was diagnosed that same day. I felt like I had no time to do research or educate myself. I remember feeling incredibly worried about how this would impact not only his childhood but also his long-term health."

Survey findings show more than half (51%) of caregivers who have been caring for their loved one since diagnosis described their emotional health as poor when they learned of their loved one's type 1 diabetes diagnosis. Caregivers noted feeling sad (41%), afraid (40%), and uncertain for the future (30%), among other emotions. Knowing about the risk of type 1 diabetes in advance of a diagnosis may help alleviate these negative emotions - in fact, 97% of caregivers say knowing sooner about their loved one's risk of developing type 1 diabetes would have diminished these feelings.

**Transforming daily routines**

Common parental worries are forever transformed into serious concerns about a child's physical well-being in the wake of a type 1 diabetes diagnosis. Imagine the magnitude of this adjustment and how it leads to caregivers completely changing their daily lives - they literally have no choice.

Additional survey findings paint a picture of this - consider that a staggering 83% of caregivers reported having changed how they lived their life when they first learned of their loved one's type 1 diabetes diagnosis because they felt overwhelmed and unprepared. Moreover, nearly nine in 10 caregivers (87%) gave up some of their interests or future plans when they first learned of their loved one's diagnosis.

As Bailey explains: "There are no 'breaks' when it comes to managing type 1 diabetes. Had my husband and I known about our son's diagnosis sooner, I believe we would have been better prepared for the realities of this condition, giving us more time to adjust our routines to our son's - and entire family's - new normal."

**Taking the next step to get screened**

Despite the benefits of early detection, type 1 diabetes screening is not commonly performed prior to diagnosis. Like many families, the Baileys didn't know that early screening for type 1 diabetes was available. "Everything in me wishes we were aware of screening and had taken the step to get it done. It would have given us time and space to get educated, and most importantly, potentially reduced the risk of Josiah going through DKA. Knowing what I know now, I am a big advocate of early screening," Bailey notes.



Benchmark at Billerica Crossings

### WHERE YOU CAN DISCOVER EXPERIENCES YOU NEVER KNEW YOU LOVED.

At Benchmark, we've worked tirelessly for over 27 years to become New England's largest senior living provider, never losing sight of excellence. From early on, our Billerica community has provided exceptional care and experiences. For the third straight year, we're proud our residents and their families have voted Billerica Crossings a U.S. News Best for assisted living and memory care—the only provider in town to earn both awards. This summer, we're pleased to unveil refreshed spaces in which residents can continue to enjoy our nationally award-winning amenities, personalized care, restaurant-style dining and engaging programs.



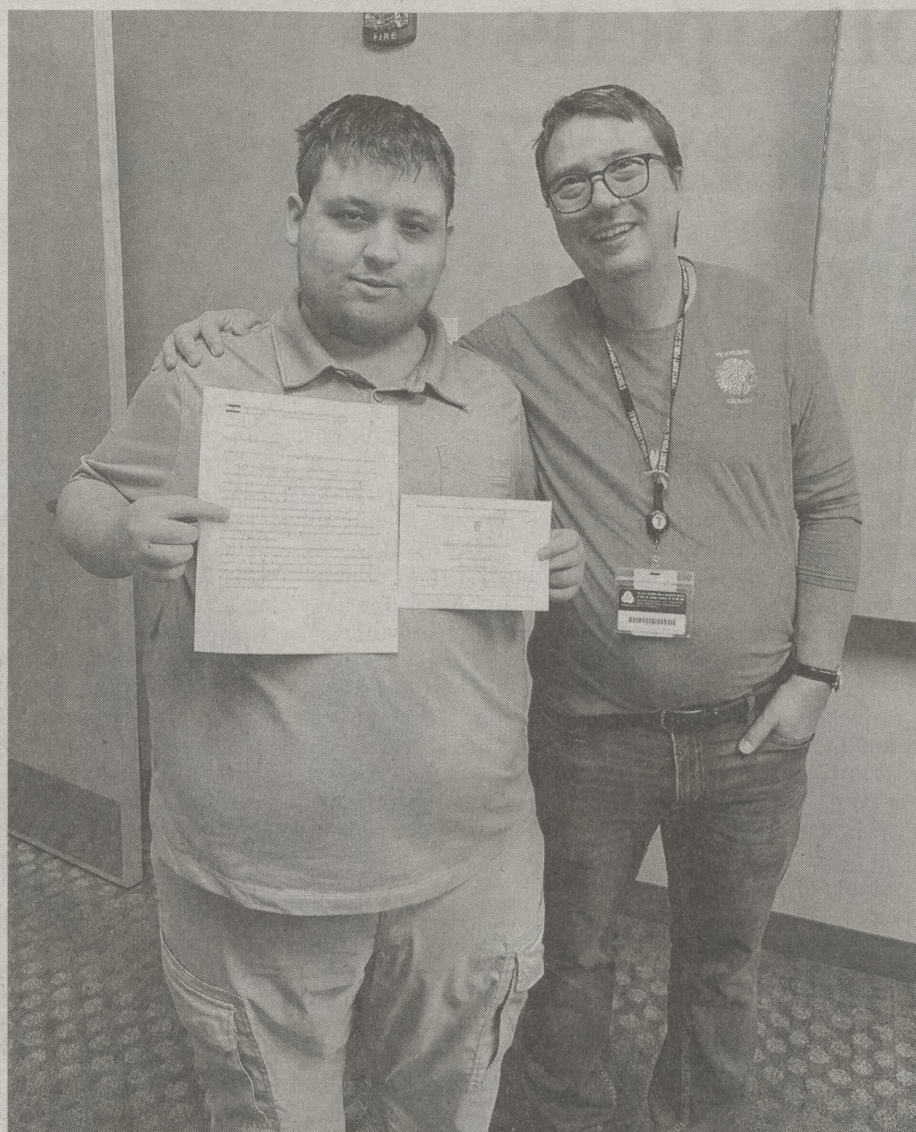
Scan to learn more.



Call 978.625.9109 to schedule a visit!  
20 Charnstaff Lane | Billerica  
BillericaCrossings.com

Pending EOE/Licensure.





## TMHS' Arbogast named Commended Student

Tewksbury Memorial High School senior Christopher Arbogast was named a Commended Student in the 2025 National Merit Scholarship program. Arbogast, pictured with his father, teacher Sanford Arbogast, placed among the top 50,000 students who entered the 2025 competition by taking the 2023 Preliminary SAT National Merit Scholarship Qualifying Test. "Those being named Commended Students have demonstrated outstanding potential for academic success," commented a spokesperson for NMSC. (Courtesy photo)

### LEGAL NOTICES ARCHIVE

All published legal notices are posted to the Massachusetts Public Notices website. To search the archive of previously published legal notices go to:

[www.homenewshere.com](http://www.homenewshere.com) OR [masspublicnotices.org/Search.aspx](http://masspublicnotices.org/Search.aspx)

#### LEGAL NOTICE



TOWN OF WILMINGTON  
CONSERVATION COMMISSION

#### PUBLIC HEARING

Notice is hereby given that a Public Meeting will be held in the Town Hall Auditorium, 121 Glen Road, Wilmington, MA 01887, on Wednesday, October 2, 2024, at 7:05 p.m., in compliance with provisions of MGL Chapter 131, Section 40, and 310 CMR 10.00 on a Request for Determination of Applicability, filed by Laura Orfanedes, 11 Wilton Drive, Wilmington, MA 01887, owner & applicant. This filing is for the removal of a portion of the driveway to be replaced with crushed stone, grading of the yard, and restoration of the sidewalk. The work is within the 100-foot Buffer Zone to Bordering Vegetated Wetlands as designated by the MA Wetlands Protection Act, MGL Chapter 131, Sect. 40 and 310 CMR 10.00. This property is located at 11 Wilton Drive, Wilmington, MA 01887 and shown on Assessor's Map 21 Parcel 3H. A copy of the application is on file at the Department of Planning & Conservation, Room 6, Wilmington Town Hall, and may be inspected between the hours of 8:30 a.m. and 4:30 p.m., Monday through Friday.

Jean Marie Cole, Chair  
Conservation Commission  
241001 9/26/24

#### LEGAL NOTICE



TOWN OF WILMINGTON  
CONSERVATION COMMISSION

#### PUBLIC HEARING

Notice is hereby given that a Public Meeting will be held in the Town Hall Auditorium, 121 Glen Road, Wilmington, MA 01887, on Wednesday, October 2, 2024, at 7:00 p.m., in compliance with provisions of MGL Chapter 131, Section 40, and 310 CMR 10.00 on a Request for Determination of Applicability, filed by Michael Frekey, 196 Shawshen Avenue, Wilmington, MA 01887, owner & applicant. This filing is for the installation of a fence in the backyard. The work is within the 100-foot Buffer Zone to Bordering Vegetated Wetlands as designated by the MA Wetlands Protection Act, MGL Chapter 131, Sect. 40 and 310 CMR 10.00. This property is located at 196 Shawshen Avenue, Wilmington, MA 01887 and shown on Assessor's Map 33 Parcel 41A&B. A copy of the application is on file at the Department of Planning & Conservation, Room 6, Wilmington Town Hall, and may be inspected between the hours of 8:30 a.m. and 4:30 p.m., Monday through Friday.

Jean Marie Cole, Chair  
Conservation Commission  
241000 9/26/24

#### LEGAL NOTICE



TOWN OF WILMINGTON  
MASSACHUSETTS

WILMINGTON TOWN HALL  
121 GLEN ROAD  
WILMINGTON, MA 01887

Music Cities Trip

#### INVITATION FOR BIDS

The Town of Wilmington will be accepting bids to conduct a group trip to New Orleans, Memphis and Nashville. Sealed bids, marked "Bid for Music Cities Trip" on the envelope, will be received at the Office of the Town Manager, Town Hall, 121 Glen Road, Wilmington, MA 01887 until, **Thursday, October 17, 2024, at 10 A.M.**

Specifications may be obtained at the Town of Wilmington Purchasing Department website: <https://www.wilmingtonma.gov/purchasing-department>. Proposals may not be submitted via email.

The Town of Wilmington reserves the right to reject the bid or any part thereof deemed not to be in the interest of the Town of Wilmington. The Town shall not be responsible for bids arriving late due to couriers, deliveries to wrong locations, express mailing services, delays related to the processing of mail requests, or any other reason. Postmarks will not be considered.

For further questions concerning this Request for Proposals must be submitted in writing and emailed to [BSawin@WilmingtonMA.Gov](mailto:BSawin@WilmingtonMA.Gov).

R. Eric Slagle  
Town Manager  
241007 9/26/24

#### LEGAL NOTICE



TOWN OF WILMINGTON  
CONSERVATION COMMISSION

#### PUBLIC HEARING

Notice is hereby given that a Public Hearing will be held in the Town Hall Auditorium, 121 Glen Road, Wilmington, MA 01887, on Wednesday, October 2, 2024, at 7:20 p.m. in compliance with the provisions of MGL Chapter 131, Section 40, and 310 CMR 10.00 on a Notice of Intent filed by Anthony & Deborah Vibert, 12 Oxbow Drive, Wilmington, MA 01887, owners & applicants. This filing is for a two (2) car garage addition to the existing dwelling. This work is within the 100-foot Buffer Zone to Bordering Vegetated Wetlands as designated by the MA Wetlands Protection Act, M.G.L. Chapter 131, Sect. 40 and 310 CMR 10.00. The property is located at 12 Oxbow Drive, Wilmington, MA 01887, and shown on Assessor's Map 47 Parcel 28. A copy of the application is on file at the Department of Planning and Conservation, Room 6, Wilmington Town Hall, and may be inspected between the hours of 8:30 a.m. and 4:30 p.m. Monday through Friday.

Jean Marie Cole, Chair  
Conservation Commission  
241002 9/26/24

#### LEGAL NOTICE



TOWN OF WILMINGTON  
CONSERVATION COMMISSION

#### PUBLIC HEARING

Notice is hereby given that a Public Hearing will be held in the Town Hall Auditorium, 121 Glen Road, Wilmington, MA 01887, on Wednesday, October 2, 2024, at 7:15 p.m. in compliance with the provisions of MGL Chapter 131, Section 40, and 310 CMR 10.00 on a Notice of Intent filed by Peter Barra, 36 Fairmont Avenue, Wilmington, MA 01887, owner & applicant. This filing is for a 6' x 20' addition to the front of the dwelling. This work is within the 100-foot Buffer Zone to Bordering Vegetated Wetlands as designated by the MA Wetlands Protection Act, M.G.L. Chapter 131, Sect. 40 and 310 CMR 10.00. The property is located at 36 Fairmont Avenue, Wilmington, MA 01887, and shown on Assessor's Map 49 Parcel 21-121. A copy of the application is on file at the Department of Planning and Conservation, Room 6, Wilmington Town Hall, and may be inspected between the hours of 8:30 a.m. and 4:30 p.m. Monday through Friday.

Jean Marie Cole, Chair  
Conservation Commission  
241003 9/26/24

#### Public Notices

Every day throughout the United States newspapers publish thousands of public notices about events, conditions or actions that affect countless individuals, families, neighborhoods and businesses. Public notices cover many topics including guardianships, conservatorships and protective orders, probating wills, business matters, liquor licensing, public auctions and sales, estates, zoning, public meetings, bids to sell goods and services to the government, auctions to dispose of surplus government equipment, local government finances and state and local elections. The public notice is a fundamental component of our system of representative democracy, which depends upon the participation of educated, responsible citizens.

#### LEGAL NOTICE



COMMONWEALTH OF  
MASSACHUSETTS  
THE TRIAL COURT  
PROBATE AND  
FAMILY COURT

Middlesex Probate  
and Family Court  
10-U Commerce Way  
Woburn, MA 01801  
(781) 865-4000

#### CITATION ON PETITION FOR FORMAL ADJUDICATION

Docket No. MI24P4826EA

Estate of:  
Roberta L Keenan  
Also known as:  
Roberta Keenan,  
Roberta Carlson,  
Roberta L Carlson

Date of Death: 08/30/2019

To all interested persons:

A Petition for **Late and Limited Formal Testacy and/or Appointment** has been filed by **John Keenan** of Yarmouth Port MA requesting that the Court enter a formal Decree and Order and for such other relief as requested in the Petition.

The Petitioner requests that: **John Keenan** of Yarmouth Port MA be appointed as Personal Representative(s) of said estate to serve **Without Surety** on the bond in **unsupervised administration**

#### IMPORTANT NOTICE

You have the right to obtain a copy of the Petition from the Petitioner or at the Court. You have a right to object to this proceeding. To do so, you or your attorney must file a written appearance and objection at this Court before: **10:00 a.m. on the return day of 10/11/2024.**

This is NOT a hearing date, but a deadline by which you must file a written appearance and objection if you object to this proceeding. If you fail to file a timely written

appearance and objection followed by an affidavit of objections within thirty (30) days of the return day, action may be taken without further notice to you.

#### UNSUPERVISED ADMINISTRATION UNDER THE MASSACHUSETTS UNIFORM PROBATE CODE (MUPC)

A Personal Representative appointed under the MUPC in an unsupervised administration is not required to file an inventory or annual accounts with the Court. Persons interested in the estate are entitled to notice regarding the administration directly from the Personal Representative and may petition the Court in any matter relating to the estate, including the distribution of assets and expenses of administration.

**WITNESS**, Hon. Terri L. Klug Cafazzo, First Justice of this Court.  
Date: September 13, 2024  
Tara E. DeCristofaro,  
Register of Probate

240987

09/26/24

#### LEGAL NOTICE



COMMONWEALTH OF  
MASSACHUSETTS  
THE TRIAL COURT  
PROBATE AND  
FAMILY COURT

Middlesex Probate  
and Family Court  
10-U Commerce Way  
Woburn, MA 01801  
(781) 865-4000

#### CITATION ON PETITION FOR FORMAL ADJUDICATION

Docket No. MI24P4379EA

Estate of:  
Richard Lawrence  
Kwiatkowski  
Also known as:  
Richard L. Kwiatkowski

Date of Death: 06/26/2024

To all interested persons:

A Petition for **S/A - Formal Probate of Will with Appointment of Personal Representative** has been filed by: **Ronald P. Kwiatkowski** of Redding CT requesting that the Court enter a formal Decree and Order and for such other relief as requested in the Petition.

The Petitioner requests that: **Ronald P. Kwiatkowski** of Redding CT be appointed as Personal Representative(s) of said estate to serve **Without Surety** on the bond in **unsupervised administration**

#### IMPORTANT NOTICE

You have the right to obtain a copy of the Petition from the Petitioner or at the Court. You have a right to object to this proceeding. To do so, you or your attorney must file a written appearance and objection at this Court before: **10:00 a.m. on the return day of 10/10/2024.**

This is NOT a hearing date, but a deadline by which you must file a written appearance and objection if you object to this proceeding. If

you fail to file a timely written appearance and objection followed by an affidavit of objections within thirty (30) days of the return day, action may be taken without further notice to you.

#### UNSUPERVISED ADMINISTRATION UNDER THE MASSACHUSETTS UNIFORM PROBATE CODE (MUPC)

A Personal Representative appointed under the MUPC in an unsupervised administration is not required to file an inventory or annual accounts with the Court. Persons interested in the estate are entitled to notice regarding the administration directly from the Personal Representative and may petition the Court in any matter relating to the estate, including the distribution of assets and expenses of administration.

**WITNESS**, Hon. Terri L. Klug Cafazzo, First Justice of this Court.  
Date: September 12, 2024  
Tara E. DeCristofaro,  
Register of Probate

240989

9/26/24

#### LEGAL NOTICE



COMMONWEALTH OF  
MASSACHUSETTS  
THE TRIAL COURT  
PROBATE AND  
FAMILY COURT

Middlesex Probate  
and Family Court  
10-U Commerce Way  
Woburn, MA 01801

#### CITATION GIVING NOTICE OF PETITION FOR APPOINTMENT OF GUARDIAN FOR INCAPACITATED PERSON PURSUANT TO G.L. c. 190B, §5-304

Docket No. SU24P1878GD

In the matter of:  
Victor Marino  
Of: Roxbury, MA  
RESPONDENT  
Alleged Incapacitated Person

To the named Respondent and all other interested persons, a petition has been filed by **Mass. Dept. of Mental Health of Westborough, MA** in the above captioned matter alleging that **Victor Marino** is in need of a Guardian and requesting that **Spooner Guardianship Services of Auburn, MA** be appointed as Guardian to serve on the bond.

The petition asks the court to determine that the Respondent is incapacitated, that the appointment of a Guardian is necessary, and that the proposed Guardian is appropriate. The petition is on file with this court and may contain a request for certain specific authority.

You have the right to object to this proceeding. If you wish to do so, you or your attorney must file a written appearance at this court on or before 10:00 A.M. on the return date of **10/10/2024**. This day is NOT a hearing date, but a deadline date by which you have to file the written appear-

ance if you object to the petition. If you fail to file the written appearance by the return date, action may be taken in this matter without further notice to you. In addition to filing the written appearance, you or your attorney must file a written affidavit stating the specific facts and grounds of your objection within 30 days after the return date.

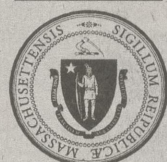
#### IMPORTANT NOTICE

The outcome of this proceeding may limit or completely take away the above-named person's right to make decisions about personal affairs or financial affairs or both. The above-named person has the right to ask for a lawyer. Anyone may make this request on behalf of the above-named person. If the above-named person cannot afford a lawyer, one may be appointed at State expense.

**WITNESS**, Hon. Brian J. Dunn, First Justice of this Court.  
Date: September 13, 2024

Stephanie Everett,  
Register of Probate  
240996 9/26/24

#### LEGAL NOTICE



COMMONWEALTH OF  
MASSACHUSETTS  
THE TRIAL COURT  
PROBATE AND  
FAMILY COURT

Middlesex Probate  
and Family Court  
10-U Commerce Way  
Woburn, MA 01801  
(781) 865-4000

#### CITATION ON PETITION FOR FORMAL ADJUDICATION

Docket No. MI24P4854EA

Estate of:  
Margaret T Walsh  
Also known as:  
Marguerite Theresa Walsh  
Date of Death: 06/25/2024

To all interested persons:

A Petition for **Formal Probate of Will with Appointment of Personal Representative** has been filed by **CareOne at Wilmington of Wilmington MA** requesting that the Court enter a formal Decree and Order and for such other relief as requested in the Petition.

The Petitioner requests that: **Jonathan J Davey, Esq. of Quincy MA** be appointed as Personal Representative(s) of said estate to serve **With Surety** on the bond in **unsupervised administration**

#### IMPORTANT NOTICE

You have the right to obtain a copy of the Petition from the Petitioner or at the Court. You have a right to object to this proceeding. To do so, you or your attorney must file a written appearance and objection at this Court before: **10:00 a.m. on the return day of 11/07/2024.**

This is NOT a hearing date, but a deadline by which you must file a written appearance and objection if you object to this proceeding. If you fail to file a timely written

appearance and objection followed by an affidavit of objections within thirty (30) days of the return day, action may be taken without further notice to you.

#### UNSUPERVISED ADMINISTRATION UNDER THE MASSACHUSETTS UNIFORM PROBATE CODE (MUPC)

A Personal Representative appointed under the MUPC in an unsupervised administration is not required to file an inventory or annual accounts with the Court. Persons interested in the estate are entitled to notice regarding the administration directly from the Personal Representative and may petition the Court in any matter relating to the estate, including the distribution of assets and expenses of administration.

**WITNESS**, Hon. Terri L. Klug Cafazzo, First Justice of this Court.  
Date: September 12, 2024

Tara E. DeCristofaro,  
Register of Probate  
240998 9/26/24

#### LEGAL NOTICE



COMMONWEALTH OF  
MASSACHUSETTS  
THE TRIAL COURT  
PROBATE AND  
FAMILY COURT

Middlesex Probate  
and Family Court  
10-U Commerce Way  
Woburn, MA 01801  
(781) 865-4000

#### CITATION ON PETITION FOR FORMAL ADJUDICATION

Docket No. MI24P4860EA

Estate of:  
David M Craven, Sr.  
Also Known As:  
David Michael Craven, Sr.  
Date of Death: 06/19/2024

To all interested persons:

A Petition for **Formal Probate of Will with Appointment of Personal Representative** has been filed by **David Michael Craven, Jr. of Biddeford ME** requesting that the Court enter a formal Decree and Order and for such other relief as requested in the Petition.

The Petitioner requests that: **David Michael Craven, Jr. of Biddeford ME** be appointed as Personal Representative(s) of said estate to serve **Without Surety** on the bond in **unsupervised administration**

#### IMPORTANT NOTICE

You have the right to obtain a copy of the Petition from the Petitioner or at the Court. You have a right to object to this proceeding. To do so, you or your attorney must file a written appearance and objection at this Court before: **10:00 a.m. on the return day of 10/15/2024.**

This is NOT a hearing date, but a deadline by which you must file a written appearance and objection if you object to this proceeding. If you fail to file a timely written

appearance and objection followed by an affidavit of objections within thirty (30) days of the return day, action may be taken without further notice to you.

#### UNSUPERVISED ADMINISTRATION UNDER THE MASSACHUSETTS UNIFORM PROBATE CODE (MUPC)

A Personal Representative appointed under the MUPC in an unsupervised administration is not required to file an inventory or annual accounts with the Court. Persons interested in the estate are entitled to notice regarding the administration directly from the Personal Representative and may petition the Court in any matter relating to the estate, including the distribution of assets and expenses of administration.

**WITNESS**, Hon. Terri L. Klug Cafazzo, First Justice of this Court.  
Date: September 16, 2024

Tara E. DeCristofaro,  
Register of Probate  
240999 9/26/24



# Registration opens on Oct. 1 for Shawsheen's 7th grade Project Explore program

BILLERICA — Shaw-sheen Valley Regional Vocational Technical School District is excited to announce the opening of registration for its annual Project Explore program for 7th-grade students, starting on Oct. 1. This program, beginning in January, is conducted in collaboration with Shaw-sheen's sending middle schools and is divided into three sessions based on the town. Registration is on a first-come, first-served basis at *Shawsheen Tech.org/ProjectExplore*. Project Explore is a complimentary, high-qua-

lity after-school program designed for 7th-grade students living within Shawsheen's school district (Bedford, Billerica, Burlington, Tewksbury, and Wilmington). This distinctive program provides students the chance to explore various career pathways by participating in six out of the 20 vocational-technical programs offered at Shawsheen. The program spans over three weeks, held on Tuesday and Thursday afternoons. Bus transportation is provided from each sending middle school to Shawsheen, and compli-

mentary drop-off service is arranged near attendees' homes (specific stops are determined after registration closes and prior to the commencement of each session).

## THE 2025 PROJECT EXPLORE SESSION DATES:

**Session 1:**  
**Billerica**  
Dates: Jan. 7, 9, 14, 16, 21, 23  
Time: 2:15 - 4:45 p.m.  
Registration Deadline: Friday, Nov. 22, 2024

**Session 2:**  
**Burlington & Tewksbury**  
Dates: Jan. 28, 30 + Feb. 4, 6, 11, 13  
Time: 2:15 - 4:45 p.m.  
Registration Deadline: Friday, Dec. 13, 2024

**Session 3:**  
**Bedford, Hanscom & Wilmington**  
Dates: Feb. 25, 27 + March 4, 6, 11, 13

Time: 2:45 - 5:15 p.m.  
Registration Deadline: Friday, Jan. 24, 2025

The 2025 Project Explore season expects to feature an exciting range of programs, including Advanced Manufacturing, Automotive, Bakery, Carpentry, Cosmetology, Culinary, Design and Visual Communications, Electrical, Graphic Arts, Health Assisting, Masonry, and Metal Fabrication & Welding. Please note that the programs offered are subject to change, and students will be randomly assigned to different programs.

This program aims to provide 7th-grade students with exposure to potential career opportunities. For more information and to register, please visit *ShawsheenTech.org/ProjectExplore*.

About Shawsheen Valley Regional Vocational

## School District

Established in 1965, Shawsheen Valley Regional Vocational Technical School District (SVRVTS) is a student-centered public institution serving the five member towns of Billerica, Bedford, Burlington, Tewksbury, and Wilmington. Shawsheen Valley Technical High School serves more than 1,300 students in grades 9-12 and is "Dedicated to Excellence in Education," integrating academics with more than 20-vocational-technical career pathways.

Shawsheen is located in Billerica on a sprawling 100-acre campus. The school building features state-of-the-art facilities and athletic fields, 24 varsity sports, and dozens of extra-curricular clubs and activities. All of Shawsheen's faculty and staff are committed to the mission "to provide a positive

learning experience in a safe educational environment that encourages all students to reach their full potential, emphasizes the value of a strong work ethic, and prepares them for adult life in a competitive world."

Shawsheen Valley Regional Vocational Technical School District also provides high-quality educational programming for youths and adults through Adult Education, After-school Exploratory Programs, Community Events, and Summer Camps and Enrichment Programs.

Shawsheen is consistently working to increase its rich and varied programming opportunities for the community, which supports its mission that education is a lifelong, continuous process with many paths to living a successful and fulfilling life.

## LEGAL NOTICE



COMMONWEALTH OF MASSACHUSETTS  
THE TRIAL COURT  
PROBATE AND FAMILY COURT

Middlesex Division  
10-U Commerce Way  
Woburn, MA 01801  
(781) 865-4000

## INFORMAL PROBATE PUBLICATION NOTICE

Docket No. MI24P4652EA

Estate of:  
Blaise Francis Wentzell

Date of Death:  
July 24, 2024

To all persons interested in the above captioned estate, by Petition of Petitioner Delana D Wentzell of Lawrence MA

Delana D Wentzell of Lawrence MA has been informally appointed as the Personal Representative of the estate to serve Without surety on the bond.

The estate is being administered under informal procedure by the Personal Representative under the Massachusetts Uniform Probate Code without supervision by the Court. Inventory and accounts are not required to be filed with the Court, but interested parties are entitled to notice regarding the administration from the Personal Representative and can petition the Court in any matter relating to the estate, including distribution of assets and expenses of administration. Interested parties are entitled to petition the Court to institute formal proceedings and to obtain orders terminating or restricting the powers of Personal Representatives appointed under informal procedure. A copy of the Petition and Will, if any, can be obtained from the Petitioner.

240988 09/26/24

## LEGAL NOTICE



COMMONWEALTH OF MASSACHUSETTS  
THE TRIAL COURT  
PROBATE AND FAMILY COURT

Middlesex Division  
10-U Commerce Way  
Woburn, MA 01801  
(781) 865-4000

## INFORMAL PROBATE PUBLICATION NOTICE

Docket No. MI24P4721EA

Estate of: Edward J Duffy  
Also Known As:  
Edward Joseph Duffy  
Date of Death:  
April 12, 2024

To all persons interested in the above captioned estate, by Petition of Petitioner Zachary T. Duffy of Tewksbury, MA.

Zachary T. Duffy of Tewksbury, MA. has been informally appointed as the Personal Representative of the estate to serve Without surety on the bond.

The estate is being administered under informal procedure by the Personal Representative under the Massachusetts Uniform Probate Code without supervision by the Court. Inventory and accounts are not required to be filed with the Court, but interested parties are entitled to notice regarding the administration from the Personal Representative and can petition the Court in any matter relating to the estate, including distribution of assets and expenses of administration. Interested parties are entitled to petition the Court to institute formal proceedings and to obtain orders terminating or restricting the powers of Personal Representatives appointed under informal procedure. A copy of the Petition and Will, if any, can be obtained from the Petitioner.

240991 9/26/24

## LEGAL NOTICE



TOWN OF TEWKSBURY  
PLANNING BOARD

## PUBLIC HEARING

## FAMILY SUITE SPECIAL PERMIT

Notice is hereby given that the Tewksbury Planning Board will hold a public hearing on September 7, 2024 at 7:00 PM in the Tewksbury Town Hall, 1009 Main Street, Tewksbury, MA 01876 on an application filed by Robert and Julann Briggs for a Family Suite Special Permit pursuant to Section 7.1 of the Tewksbury Zoning Bylaw to construct an addition to the single family dwelling for a family suite as shown on plans filed with this Board.

Said property is located at 81 Nauvillus Road, Assessor's Map 21, Lot 59, zoned Residential.

The application may be examined on the Planning Board webpage of the Town of Tewksbury's website at [www.tewksbury-ma.gov](http://www.tewksbury-ma.gov). Should other accommodations be necessary to view the application, please call the Community Development Office at 978-640-4370. Legal Notice can also be viewed on [www.masspublicnotices.org](http://www.masspublicnotices.org)

Stephen Johnson, Chairman

240944 9/19,9/26

## LEGAL NOTICE



TOWN OF TEWKSBURY  
PLANNING BOARD

## PUBLIC HEARING

## FAMILY SUITE SPECIAL PERMIT

Notice is hereby given that the Tewksbury Planning Board will hold a public hearing on October 7, 2024 at 7:05 PM in the Tewksbury Town Hall, 1009 Main Street, Tewksbury, MA 01876 on an application filed by Freddy and Krista Roman for a Family Suite Special Permit pursuant to Section 7.1 of the Tewksbury Zoning Bylaw to construct an addition to the single family dwelling for a family suite as shown on plans filed with this Board.

Said property is located at 60 Oxford Road, Assessor's Map 55, Lot 12, zoned Residential.

The application may be examined on the Planning Board webpage of the Town of Tewksbury's website at [www.tewksbury-ma.gov](http://www.tewksbury-ma.gov). Should other accommodations be necessary to view the application, please call the Community Development Office at 978-640-4370. Legal Notice can also be viewed on [www.masspublicnotices.org](http://www.masspublicnotices.org)

Stephen Johnson, Chairman

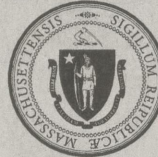
240954 9/19,26,24

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## LEGAL NOTICE



COMMONWEALTH OF MASSACHUSETTS  
THE TRIAL COURT  
PROBATE AND FAMILY COURT

Middlesex Probate and Family Court  
10-U Commerce Way  
Woburn, MA 01801

## CITATION GIVING NOTICE OF PETITION FOR APPOINTMENT OF GUARDIAN FOR INCAPACITATED PERSON PURSUANT TO G.L. c. 190B, §5-304

Docket No. MI24P4875GD

In the matter of:  
Marcello Lomagno  
Of: Tewksbury, MA  
RESPONDENT

Alleged Incapacitated Person

To the named Respondent and all other interested persons, a petition has been filed by Mass. Dept of Mental Health of Westborough, MA in the above captioned matter alleging that Marcello Lomagno is in need of a Guardian and requesting that (or some other suitable person) be appointed as Guardian to serve on the bond.

The petition asks the court to determine that the Respondent is incapacitated, that the appointment of a Guardian is necessary, and that the proposed Guardian is appropriate. The petition is on file with this court and may contain a request for certain specific authority.

**You have the right to object to this proceeding.** If you wish to do so, you or your attorney must file a written appearance at this court on or before 10:00 A.M. on the return date of 10/15/2024. This day is NOT a hearing date, but a deadline date by which you have to file the written appearance if you object to the petition. If you fail to file the written appearance by the return date, action may be taken in this matter without further notice to you. In addition to filing the written appearance, you or your attorney must file a written affidavit stating the specific facts and grounds of your objection within 30 days after the return date.

**IMPORTANT NOTICE**  
The outcome of this proceeding may limit or completely take away the above-named person's right to make decisions about personal affairs or financial affairs or both. The above-named person has the right to ask for a lawyer. Anyone may make this request on behalf of the above-named person. If the above-named person cannot afford a lawyer, one may be appointed at State expense.  
WITNESS, Hon. Terri L. Klug Cafazzo, First Justice of this Court.  
Date: September 13, 2024  
Tara E. DeCristofaro,  
Register of Probate  
240995 9/26/24

## LEGAL NOTICE



COMMONWEALTH OF MASSACHUSETTS  
THE TRIAL COURT  
PROBATE AND FAMILY COURT

Middlesex Probate and Family Court  
10-U Commerce Way  
Woburn, MA 01801

## CITATION GIVING NOTICE OF PETITION FOR APPOINTMENT OF CONSERVATOR OR OTHER PROTECTIVE ORDER PURSUANT TO G.L. c. 190B, § 5-304 & § 5-405

Docket No. MI24P4929PM

In the matter of:  
Becky Spencer  
Of: Tewksbury, MA  
RESPONDENT

(Person to be Protected/Minor)

To the named Respondent and all other interested persons, a petition has been filed by Tewksbury Hospital of Tewksbury, MA in the above captioned matter alleging that Becky Spencer is in need of a Conservator or other protective order and requesting that Susan C Hubbard of Topsfield, MA, (or some other suitable person) be appointed as Conservator to serve With Surety on the bond.

The petition asks the court to determine that the Respondent is disabled, that a protective order or appointment of a Conservator is necessary, and that the proposed conservator is appropriate. The petition is on file with this court.

**You have the right to object to this proceeding.** If you wish to do so, you or your attorney must file a written appearance at this court on or before 10:00 A.M. on the return date of 10/15/2024. This day is NOT a hearing date, but a deadline date by which you have to file the written appearance if you object to the petition. If you fail to file the written appearance by the return date, action may be taken in this matter without further notice to you. In addition to filing the written appearance, you or your attorney must file a written affidavit stating the specific facts and grounds of your objection within 30 days after the return date.

**IMPORTANT NOTICE**  
The outcome of this proceeding may limit or completely take away the above-named person's right to make decisions about personal affairs or financial affairs or both. The above-named person has the right to ask for a lawyer. Anyone may make this request on behalf of the above-named person. If the above-named person cannot afford a lawyer, one may be appointed at State expense.  
WITNESS, Hon. Terri L. Klug Cafazzo, First Justice of this Court.  
Date: September 17, 2024  
Tara E. DeCristofaro,  
Register of Probate  
240997 9/26/24

## LEGAL NOTICE

## MORTGAGEE'S SALE OF REAL ESTATE

By virtue and in execution of the Power of Sale contained in a certain mortgage given by K & M Amusement Center LLC to Colony Bank dated January 24, 2023 and recorded with the Middlesex County (Northern District) Registry of Deeds, Book 37646, page 218, of which mortgage the undersigned is the present holder, for breach of the conditions of said mortgage and for the purpose of foreclosing, the same will be sold at Public Auction at 12:00 o'clock, p.m. on the 23rd day of October, 2024, at 2087 Main Street, Tewksbury, MA 01876, Middlesex County, all and singular the premises described in said mortgage,

To wit:  
The land with the buildings thereon located in Tewksbury, Middlesex County, Massachusetts, being shown as Lots 1, 2 and 3 on a plan of land entitled "Plan of Land in Tewksbury, Middlesex County, Mass. Owned by Richard Proctor, Robert P. Morris, P.L.S. Scale 1" = 100 feet, April 25, 2003" which plan is recorded in Middlesex North District Registry of Deeds in Plan Book 211, Page 65, to which plan reference is hereby referred for a more particular description. Lot 1 contains 14.6 acres +/-, Lot 2 contains 264,900 sq. ft. +/-, and Lot 3 containing 89,500 sq. ft. +/-, all as according to said plan.

Excepting from the above described premises the land in Tewksbury, Middlesex County, Massachusetts being shown as Lot C (72,786 square feet) and Parcel A (6,063 square feet) as shown on a Subdivision Plan of

Land Prepared for GRB Realty, LLC, 120 Judique Road, Tewksbury, MA 01876, dated November 28, 2011, Scale 1" = 40', by Cuoco & Cormier Engineering Associates, Inc., said Plan being recorded in Middlesex North District Registry of Deeds in Plan Book 223, Page 118, the same having been previously conveyed by GRB Realty LLC by the following deeds: (1) deed to Allen L. Boutiette and Gail A. Boutiette, Trustees of G&A Realty Trust, dated December 19, 2011 and recorded with Middlesex North District Registry of Deeds on December 20, 2011 at Book 25553, Page 187 (Lot C) and (2) deed to Allen L. Boutiette and Gail A. Boutiette, Trustees of A&G Realty Trust, dated December 19, 2011 and recorded with said Deeds on December 20, 2011 at Book 25553, Page 189 (Parcel A).

The within granted premises being Lots 1, 2 and 3 on the above referenced plan at Plan Book 211, Page 65 less the excepted Lot C and Parcel A on the above referenced plan at Plan Book 233, Page 118, is shown as Lot B on a plan entitled "Plan of Land, Map 84, Lot B, 2087 Main Street, Tewksbury, MA, prepared for GRB Realty LLC, 102 Judique Road, Tewksbury, MA 01876, dated December 6, 2011, Scale 1" = 60', prepared by Cuoco & Cormier Engineering Associates, Inc., said Plan being recorded in Middlesex North District Registry of Deeds in Plan Book 233, Page 119, to which plan reference is hereby made for a more particular description of said Lot B. Premises to be sold and conveyed subject to and with the benefit of all rights, rights of way, restrictions, easements, covenants, liens or claims in the nature of liens, improvements,

public assessments, any and all unpaid taxes, tax titles, tax liens, water and sewer liens, and any other municipal assessments or liens or existing encumbrances of record which are in force and are applicable, having priority over said mortgage, whether or not reference to such restrictions, easements, improvements, liens, or encumbrances is made in the deed.

Terms of sale: The highest bidder in the sale of the premises shall deposit a bank treasurer's check, or certified check in the amount of ONE HUNDRED THOUSAND DOLLARS (\$100,000.00) at the time and place of the sale of the premises as a non-refundable earnest money deposit towards the purchase price to be held at the option of the Mortgagee as liquidated damages for any default by the successful bidder. The highest bidder in the sale of the premises shall then be required to remit by federal wire transfer an additional non-refundable deposit in an amount to bring the total deposit up to ten percent (10%) of the bid, price within five (5) business days of the date of the public auction. The successful bidder shall be required to sign a Memorandum of Sale at the public auction containing the terms herein and any additional terms set forth in the Memorandum of Sale or announced at the public auction. The balance of the purchase price shall be paid within thirty (30) days from the sale date in the form of a certified check, bank treasurer's check or other check satisfactory to the Mortgagee's attorney. The Mortgagee reserves the right to bid at the sale, to reject any and all bids, to continue the sale and to amend the terms of the sale by written or oral announcement made before

or during the foreclosure sale. If the sale is set aside for any reason, the Purchaser at the sale may be entitled only to a return of the deposit paid. The Purchaser shall have no further recourse against the Mortgagee, the Mortgagee or the Mortgagee's attorney. The description of the premises contained in said mortgage shall control in the event of an error in this publication. TIME WILL BE OF THE ESSENCE. In the event the successful bidder at the public auction shall default in purchasing the within described property according to the terms of this Notice of the Mortgagee's Sale and/or terms of the Foreclosure Sale Agreement executed at the public auction, the Mortgagee reserves the right at its election, to sell the property to the second highest bidder at the public auction provided that Mortgagee, in its discretion may require (i) said second highest bidder to deposit the amount of the required deposit as set forth herein within three (3) business days after written notice to the second highest bidder of the default of the previous highest bidder, (ii) the second highest bidder to execute a Foreclosure Sale Agreement, and (iii) the closing occur within twenty (20) days of said written notice, time being of essence unless mortgagee agrees otherwise. Other terms to be announced at the sale.

Present holder of said mortgage,  
COLONY BANK  
By its attorneys,  
Akerman LLP  
50 N. Laura Street  
Suite 3100  
Jacksonville, FL 32202  
T: 904 798 3700  
F: 904 798 3730  
240992 9/26,10/3,10/24





# Power of Flowers celebrates 15-year anniversary

DRACUT — Join the Power of Flowers Project who are celebrating their 15-year anniversary for their annual Spread the Joy Luncheon, Wednesday, Oct. 9 from 11:30 a.m. – 2:30 p.m. at Four Oaks Country Club at 80 Meadow Creek Drive in Dracut.

Basket, gift card, and centerpiece raffles, silent auction and a Golden Ticket Drawing for a chance to win \$500 cash prize. Tickets are \$60 per person with a buffet lunch and a cash bar will be available.

All proceeds to benefit the Power of Flowers

Project, a 501(c)(3), non-profit organization who shares hope and happiness with seniors, veterans and those living in care communities.

To find out more information and to order tickets, please visit [pofproject.org/events](http://pofproject.org/events)



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at PattiQRobi@comcast.net

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## Wildwood building option will have long lasting impact on town

SELECT FROM PAGE 1

great work that went into the mailer and thanked everyone on the WSBC. He said he understands that the option ultimately selected by the WSBC will have a big impact on the town for a long time, and he was still conflicted personally. He went on to say that it's clear that many are in favor of a new school, but there are different opinions on which new school is preferred.

The board approved a request of Gabriel Scholl to place a menorah on the town common for Hannukah. Lilia Maselli commented that it was a great idea. The requestor responded that he wanted to see the town be more diverse.

He also remarked that in this process, he learned that the board members are volunteers, and he respected their dedication.

Town Clerk Elizabeth Lawrenson proposed the schedule for early in-person voting, taking place over two weeks during half of regular business hours in the first week and all regular business hours in the second week. The dates include Saturday, Oct. 19 from 8:30 a.m. to 2:30 p.m., Oct. 21 - 25 from 9 a.m. to 1 p.m., Oct. 26 8:30 a.m. to 2 p.m., and Oct. 28 - Nov. 1 from 8:30 a.m. to 4:30 p.m. The board approved this schedule.

They also approved the state election to be held on Nov. 5.

They approved requests for the Wildwood School

Parents Advisory Council to use the Rotary Park playground and gazebo on Saturday, Oct. 19 at 11 a.m. and a resident to hold a wedding on the town common and gazebo on Nov. 9.

They proposed meeting in December only on Dec. 9, with Kevin Cairra needing to Zoom in that night, which the board said that they could accommodate.

In public comment, resident Kevin MacDonald shared that he submitted a public record request for the amount of salary paid to former Town Manager Jeff Hull during his last period of being town manager. He referenced weekly payments of over \$3,300 per week and vacation and sick payouts in the amounts of \$21,571, \$40,706, and \$13,200. He asked the board to explain these payments.

Bendel replied that employees who work for the town for so long tend to accrue vacation and sick time, and they would follow the established contract language in paying those out when the employee leaves.

MacDonald noted that he didn't see an item on the town budget for employee expenditures. Slagle shared that there is a line item for additional employee costs in the budget for the town manager.

MacDonald also wondered about how the town could pay Lou Cimaglia to serve as temporary town manager without needing additional money to be ap-

propriated at a Town Meeting.

Bendel merely responded to say that he appreciated Cimaglia stepping up into that position.

MacDonald stated that he brought this up before and asked what Bendel did to research it. Bendel said that he didn't have anything specific to share in this regard.

Frank West shared about the upcoming Fall Fest on Sept. 28 in announcements. Cairra commented that he had seen an advertisement for Fall Fest promoting beers, wines, and ciders on tap.

Cairra then asked for an update on the landscaping in the back of the 4th of July Parking Lot. Slagle answered explaining that permanent fencing would be going in next year, and there is temporary fencing there now. Cairra asked if the permanent fencing would be on the property line, and Slagle said that the location of the fence in the established plans was set to be nine feet from the lot line.

The Salute to Service that night went out to Shane A. Foley, who Bendel shared had served as a staff sergeant in the US Army from 2013 until 2021 and earned a number of medals and ribbons. Foley is now a member of the Wilmington Police Department.

The meeting ended with the board entering into executive session to discuss, among other things, negotiations for hiring a finance director.

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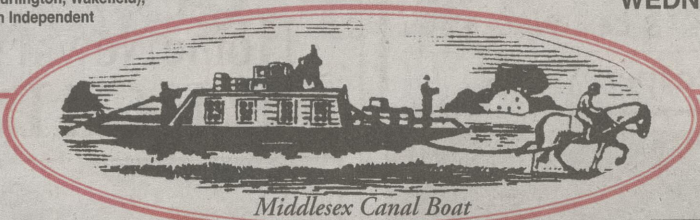
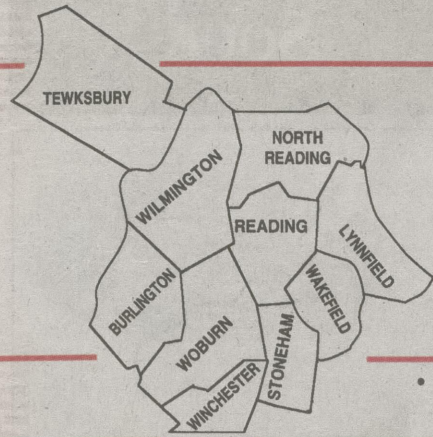
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**School cell phone policies  
 still developing as latest  
 academic year begins**

By PAIGE IMPINK

As the 2024-2025 academic year gets underway, more and more school districts are implementing or are in the process of examining cell phone use policies for their student populations. As of this writing, at least nine states and a majority of the country's larger school districts have placed restrictions on student use of their phones during the school day. The Virginia Department of Education just released their guidance last week, stating that as of January 1, 2025, students must turn off their phones and keep them stored away all day, including during lunch and between class periods for grades K-12. The changes are happening fast.

Among the reasons for this shift in policy is the increasing number of students presenting with mental health issues. Bullying, sexual exploitation, and texting attacks are on the rise as students use phones during the school day to intimidate classmates or teachers and take photographs without consent.

Further, educators cite the disruption that cell phones have in the classroom, primarily in the form student distraction. Most restrictions are extended to all internet-enabled devices such as smart watches and tablets, and any device not issued by the school.

The Massachusetts Department of Education has been encouraging the restriction or banning of student cell phone use during the school day since 2023 when former Commissioner Jeff Riley hinted at

a possible move toward a statewide measure. To that end, districts around the Commonwealth are reviewing student device policies with varying degrees of action.

For example, in Reading, middle school students must keep cell phones turned off

• PHONES TO B-2



**REGULATING CELL PHONE USAGE** - Pouches with a magnetic locking closure are being used in some schools that are restricting the use of cell phones by students. The restrictions are being credited with better student focus and higher achievement. (Paige Impink photo)

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## Movie Reviews & Box Office News

### Clooney and Pitt carry the fixer caper 'Wolfs'



**CRIME SCENE** - Brad Pitt, left, and George Clooney in a scene from "Wolfs" released by Apple TV+. The film is an old-school movie-star-driven entertainment vehicle featuring two actors with superb skills.

By JAKE COYLE  
AP Film Writer

The overriding tension in "Wolfs," starring George Clooney and Brad Pitt as rival fixers brought in to clean up the same crime, isn't so much the threat of police arrest or Albanian mob assassination — both of which are concerns. It's that Clooney and Pitt aren't pals. The two start out as strangers to one another. It's a testament to Clooney and Pitt's jovial on-and-off screen chemistry, and their bond in shared movie-star charisma, that it's genuinely discomfobulating to hear Pitt tersely call Clooney "sir" as he does in the opening scenes of Jon Watts' winning, clever caper.

Pitt and Clooney first acted together in 2001's "Ocean's Eleven." And like that remake riff on the Rat Pack original, "Wolfs" is as much, if not more, about its movie stars as it is anything else. The movie's appeal is mostly in their easy charm and chemistry — the little eye rolls and games of one-upmanship that accrue until, finally, they're buddies, like we want them to be.

Clooney is 63 and Pitt is 60, and there are few bits

about back pain and Advil in Watts' film. But "Wolfs," which opens in limited theaters Friday and streams next week on Apple TV+, is designed to show you that they can still, without ever really breaking a sweat, get the job done.

When their characters meet, they are both standing in the penthouse of a luxury New York hotel where a tough-on-crime district attorney (Amy Ryan) is in desperate need of a cover up. A young, nearly naked man is seemingly dead on the floor. She's frantically searched her phone for a number once given for such emergencies. That brings the first never-named fixer (Clooney) to the door. Not long after, the second, also unnamed fixer (Pitt) knocks. After a moment of confusion, he points to a small camera at the ceiling. He's been dispatched by the hotel owner (an unseen Frances McDormand) who doesn't want any bad press.

The two fixers are spiritual descendants, you might say, from Harvey Keitel's Winston Wolfe, the fast-driving cleaner of "Pulp Fiction." Each is a specialist, supposedly the only man who can do what they do. "Wolfs" — with an awkwardly spelled title that rep-

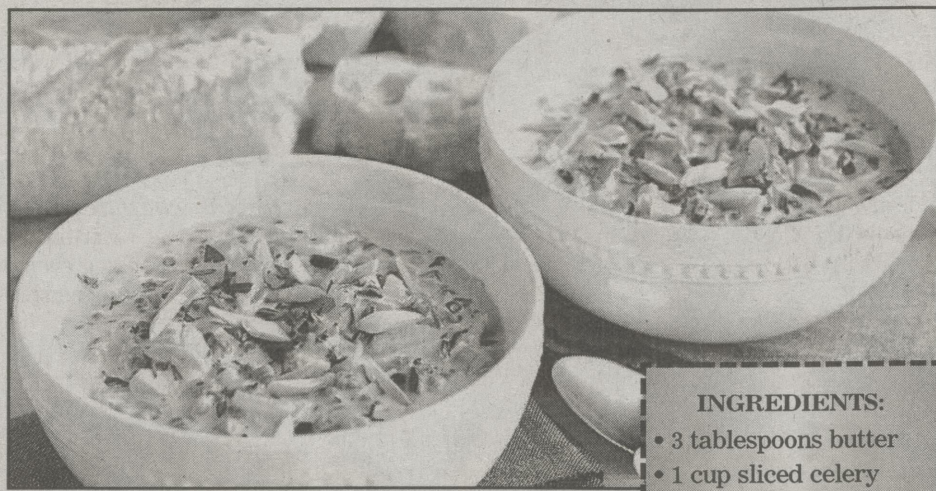
resents the pained collaboration of these two solo freelancers — is a little bit like the pointing Spider-Man meme brought to life. Fitting, then, that it comes from Watts, director of the three Tom Holland Spider-Man films. He also wrote the script.

There are more movies that "Wolfs" has some kinship with, too, like Tony Gilroy's "Michael Clayton," a high point for Clooney in which he played the clean-up man of a malicious law firm. "Wolfs" doesn't measure up to anything like "Michael Clayton" — what does? — and isn't trying to, anyway. This is more of an old-school movie-star-driven entertainment featuring two actors with skills as rarified as their characters', the kind of movie that was once regularly at home in theaters but now has instead been built for the streaming era.

Informed that they have to finish the job together, the two fixers begin to go about the business of getting rid of the body. They eye each warily, disinterested in giving away any tricks of the trade. This mostly falls to Clooney's character, whose creative way of lifting the body onto a luggage rack begins to earn the respect of

## HomeNewsHere RECIPE

### WILD RICE SOUP



**SOUPS ON** - Did you know you can have homemade soup ready in just 30 minutes? Talk about a deliciously quick comfort meal! A steaming bowl of this cozy Wild Rice Soup is just the thing for chilly fall or winter days, but you might even find yourself serving this tasty dish all year long. Take out your favorite bowls, and get ready to ladle up some of the best Wild Rice Soup around!

#### STEPS

1. In 4-quart saucepan, melt butter over medium-high heat. Add celery, carrot and onions; cook 3 to 5 minutes, stirring occasionally, until tender.
2. Stir in flour, salt, pepper and thyme; cook and stir 1 minute. Stir in broth and wild rice. Heat to boiling, stirring frequently. Reduce heat to low; cover and simmer 5 minutes, stirring occasionally.
3. Stir in half-and-half; heat just to a simmer (do

not boil). Top with almonds and parsley.

#### EXPERT TIPS

- To toast almonds for this Wild Rice Soup recipe, cook them in an ungreased heavy skillet over medium-low heat 5 to 7 minutes, stirring frequently until browning begins, then stirring constantly until golden brown.
- For an even more filling Wild Rice Soup, stir in diced cooked chicken with the half-and-half.

#### INGREDIENTS:

- 3 tablespoons butter
- 1 cup sliced celery
- 1 cup peeled, coarsely shredded carrot
- 1 cup chopped onions
- 3 tablespoons Gold Medal™ All-Purpose Flour
- 1/2 teaspoon salt
- 1/4 teaspoon pepper
- 1/4 teaspoon dried thyme leaves, if desired
- 2 1/2 cups Progresso™ Chicken Broth
- 1 can (15 oz) cooked wild rice
- 1 cup half-and-half
- 1/4 cup slivered almonds, toasted
- 2 tablespoons chopped fresh Italian (flat-leaf) parsley

• Like it cheesy? Serve soup topped with shredded cheddar cheese.

Pitt's character.

They turn out to have much, maybe everything, in common. Slowly, reluctantly, they inch toward a partnership. It's a credit to Watts' keen sense of rhythm and his stars' subtlety that it more or less takes the whole movie to get there. Once outside the hotel, "Wolfs" unspools over the course of one night, shot sleekly in the shadows of downtown Manhattan by cinematographer Larkin Seiple.

Things get a jolt when the body in question turns out to be alive, and kind of a hoot, too. The kid, credited only as "Kid," is roused from a drug-induced stupor, and quickly, in tighty whities, goes escaping down the street, forcing the two

fixers on an extensive chase leading up to the Brooklyn Bridge. The kid is played with a lot of goofy moxie by Austin Abrams ("Euphoria," "The Walking Dead"), and his account of how he got into this mess, delivered in a cheap motel, may be the film's best sequence. Along with Sean Baker's upcoming "Anora," it's turned into a surprisingly good season for New York nocturnal odysseys propelled by mop-haired kids who end up in Brighton Beach.

But the kid's perspective on his two captors also pushes "Wolfs" along. He's naive enough to think they're his friends, even though they would seem duty-bound to dispatch him. Regarding Clooney and Pitt,

both in leather jackets, from the back seat of the car, he otherwise correctly assesses them, calling them "like the two coolest people I've ever met."

Thankfully, someone has come to the not-hard-to-deuce realization that Clooney and Pitt are good together. A sequel has already been announced. "Wolfs" turns out to be both the beginning and the coda of a beautiful friendship.

"Wolfs," an Apple Studios release is rated R by the Motion Picture Association for language throughout and some violent content.

Running time: 108 minutes. Three stars out of four

For more movie reviews please visit [www.homenewshere.com](http://www.homenewshere.com).

RMLD



Reading Municipal Light Department  
RELIABLE POWER

#### LEGAL NOTICE

IFP 2024-20

Pursuant to M.G.L. c. 164, § 56D, the Reading Municipal Light Department (or "RMLD") seeks proposals for the purchase of one (1) coordinated lot of 115 kV Substation Structures and Equipment, three (3) 115 kV Circuit Breakers, six (6) 115 kV Motor Operated Disconnect Switches, six (6) 115 kV Voltage Transformers, and six (6) 115 kV Current Transformers, including Engineering Services as described in RMLD's specifications. A copy of the specifications and proposal form may be obtained by contacting Maureen Sullivan at 781-642-6441 or by email at [msullivan@rml.com](mailto:msullivan@rml.com).

Pricing shall include shipping and delivery costs, insurance, and warranties for the equipment purchase.

Sealed proposals shall be submitted to the Reading Municipal Light Department, 230 Ash Street, Reading, MA 01867, ATTN: Maureen Sullivan, marked IFP 2024-20 no later than 12:00 p.m. on Wednesday, October 23, 2024. Proposals will then be opened and read aloud publicly in the RMLD Spurr/AV Room. Late proposals will not be accepted.

RMLD reserves the right to reject any or all proposals, waive deviations and informalities, modify specifications, negotiate price and contract terms, purchase items from multiple vendors, accept any proposal in whole or in part even if it is not the lowest price, and otherwise award the contract as RMLD deems to be in its best interest, as determined by RMLD in its sole discretion.

Proposals shall remain valid and binding for sixty (60) days, Saturdays, Sundays, and legal holidays excluded, following the submission deadline. No agreement shall be valid or binding on RMLD unless duly executed by RMLD.

RMLD will make reasonable efforts to review and process proposals promptly. However, RMLD shall not be liable for any delays in acting on a proposal.

#### • PHONES FROM B-1

and in lockers during the school day. In contrast, there is no cell phone policy in the student handbook for Reading high school.

Stoneham high school's student handbook states that "cellular telephones and headphones/earbuds are to be put away before entering all classrooms." Student are allowed to use devices during lunchtime and hall passings.

In Tewksbury, the Wynn Middle School piloted a program starting in April 2024 which used magnetic pouches to secure student phones during the day. Students place their phones in the pouch and carry the device with them, tapping a magnet to unlock the device on the way out of the building. Based on a positive response, the program was fully implemented this school year, with teachers reporting more student engagement and far less distraction. Tewksbury took advantage of the state's Department of Education pilot grant titled Approaches to Address Student Cellphone Use FY2024 for the program.

Data collected during the Wynn Middle School pilot

shared during the August 14, 2024 school committee meeting stated that teachers reported up to a 60% reduction in student time out of the classroom since implementation of the device restriction policy. According to Principal John Weir, who spoke at the meeting, "Pre Yondr, I would almost once a day have to get students from the bathroom who were out for over 7 minutes because they were on phones. I've not had to do that once with this program."

Woburn School Committee chairperson Andrew Lipsett responded to Middlesex East via email that "Woburn Public Schools policy regarding cellphones in the classroom or during the school day is unchanged from recent years. However, due to community and staff input, we will be discussing whether changes are necessary through our Policy Subcommittee early this school year. I do not know at this time whether any changes will be recommended or adopted, but it is my hope that we can discuss the issue from all perspectives and with all stakeholders to make sure any policy is adopted or reaffirmed with care and consideration for students, families, and staff."

Nationally, approaches have been mixed, with some state legislatures, like Florida, barring "wireless communication devices" during instructional time, while other states, such as Indiana, require districts to adopt policies for restricting student wireless electronic device use during instructional time. Exceptions in most cases are described as being available for student health emergencies or for teacher-led instructional purposes.

There has been pushback from some parents about the policies, citing the need to be in communication with students during an emergency. Recent school shooting incidents have brought this topic more into focus. However, reactions from law enforcement and school safety officials have overwhelmingly been on the side of students not having access to their phones in an emergency. According to public safety officials, the most critical component of an emergency response is accurate information, and student cell phone use during a crisis can lead to rumors and misinformation. In addition, emergency response lines, such as 911, can be jammed as students report information. School and safety officials agree

that students need to be fully engaged with the teachers and school leaders to follow instructions during a safety emergency.

Federally, the U.S. Department of Education announced it will release new guidelines on cell phone use in schools in October, as a growing number of states and localities adopt bans.

An April Pew Research Center survey of U.S. K-12 public school teachers conducted in the fall of 2023 found 72% of high school teachers and 33% of middle school teachers in the U.S. said cellphone distractions were a "major problem" during class.

This also comes as surgeon general Vivek Murthy called for a warning label on social media platforms alerting users that "social media is associated with significant mental health harms in adolescents." Murthy wrote an op-ed for the New York Times in June discussing the need to shield young people from harassment and the harm that hours and hours on social media can cause. And while Murthy recognizes that warning labels alone cannot effect change, he believes that raising awareness can, similar to warning labels on tobacco.

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## New England's Biggest Animal Welfare Festival, Sunday, Oct. 6, from noon to 5 p.m in Lancaster, MA Pet Rock Fest lands its new home for 2024 festival

LANCASTER, MA —Get ready, animal lovers. Pet Rock Fest, Inc. is ecstatic that the 26th annual Pet Rock Festival is locked in for Sunday, Oct. 6, from noon to 5 p.m. at the Lancaster Fairgrounds, the home of the beloved Bolton Fair.

That's right, puppies and kittens. We've secured an incredible new venue for this year's festival, and we're confident it's our forever home. This exciting new location promises to make the 2024 Pet Rock Fest the best one yet.

"We're not going to pretend this hasn't been a struggle," says Pet Rock Fest founding partner Charlene Arsenault. "After losing our previous 'forever homes,' we've tried several other locations. For anyone who's attended, you know we need a lot of space, land, and parking to pull off this festival. We know we've said it before, but we truly believe this new location might finally be 'the one.' And even the date shift, moving just a couple of weeks into the heart of fall, could actually make for even better weather for both humans and pets."

Jeannie Hebert, Pet Rock Fest founding partner, adds, "It has been challenging to find a venue that fits Pet Rock Fest's format, footprint and mission. After much searching, Charlene and I are confident we have found a home. Looking forward to hosting the next 25 years!"

Brought to you this year by Festival Sponsor MA Homes, LLC, Pet Rock Fest shines a spotlight on New England's animal welfare organizations that tirelessly promote kindness to animals.

Now taking place in Worcester County on Route 117 near major routes such as 495 and 2, Pet Rock Fest's new venue is easily accessible from all directions. It features a spacious, grassy, fenced-in event area, three pavilions, two barns, a pond (perfect for doggy swims!), a paved walking path, and hundreds of on-site parking spaces. This lo-

cation and layout lends itself to an event of this magnitude, catering to humans and animals alike.

"The Lancaster Fairgrounds is thrilled to welcome the Pet Rock Festival to our venue," said Rose Darden, event coordinator for the Lancaster Fairgrounds and fair manager for the Bolton Fair, Inc. "The fairgrounds in October are absolutely beautiful and will be the perfect backdrop for this very worthwhile organization and their outstanding event. We look forward to a successful partnership for many years."

There is plenty of room to roar with all of our popular attractions and more, including: K9 demos; an agility course hosted by CM-DART; the Pups In The Air disc dog team; live music; the Rescue Groups and Shelters Pet Parade; kids activities, cat photo contest; book signings, annual Pet Rock Hero awards; speakers; amateur dog contest; vegetarian food court; animal mascots, doggie massages, demonstrations, free and low-cost microchipping and rabies shots from VCA; a doggie water park; photos of your pets; animal-friendly vendors; animal welfare organizations; and, most importantly, hundreds of nonprofit groups devoted to animal welfare causes.

The musical lineup so far includes performances by the Office Party Band and Petty Larceny (a Tom Petty tribute...PETty Larceny on this day, perhaps?), Vivi and Da Funk, and headliner Ricky Duran.

Local nonprofit VegFest is once again teaming up with Pet Rock Fest to host its food court, featuring delicious offerings from top vegan restaurants and food vendors. Formerly known as VegWorcester, VegFest organizes the annual New England VegFest, a free event celebrating animal-friendly, environmentally sustainable, and healthy lifestyles. This animal-loving organization perfectly aligns with the mission of the Pet Rock Festival.



PET FRIENDLY - People and pets stroll through the crowded thoroughfare at the most recent Pet Rock Fest, New England's Biggest Animal Welfare Festival. (Courtesy Photo)

Pet Rock Fest will send updates with event schedules, attractions, vendors and sponsors. The nonprofit gives its proceeds to worthy animal related charities that support various causes, from shelters to law reform to farm animal sanctuaries.

Anyone interested in volunteering for, performing at, or taking part in the festival in any way (including vendors, sponsors or animal welfare organizations) should contact petrockfest@gmail.com.

For updates on the plans for the event, groups signed up to attend, and other official or not so official news, visit petrockfest.org or check us out on Facebook at <https://www.facebook.com/petrockfest>, on X (formerly Twitter) @Petrockfestival and Instagram @petrockfest.

Celebrating more than 25 years, Pet Rock Fest is the largest event of its kind in the Northeast, an annual festival that promotes

kindness to animals and responsible pet ownership. Pet Rock Fest, held in the fall each year, is a family festival that features guest speakers, vegetarian food, live music, games, events, a raffle, vendors, and hundreds of area animal welfare organizations. Pet Rock is a nonprofit 501(c)(3) organization. Donations are tax deductible.

If you'd like more information, visit [www.petrockfest.org](http://www.petrockfest.org).

**Pet Rock Fest 2024**  
Sunday, Oct. 6, 2023, noon to 5 p.m.  
Lancaster Fairgrounds  
(Home of the Bolton Fair),  
318-7 Bridge Road, Lancaster, MA  
Cost: \$15 adults, \$5 kids 12 and under

Pet Rock Fest gives its proceeds to worthy animal related charities that support a variety of causes, from shelters to law reform to farm animal sanctuaries.



MAURA AND PETE KENNEDY - The Kennedys are an American folk-rock band recognized for their harmonies and instrumental prowess, blending elements of country music, bluegrass, Western swing and jangle pop. (Courtesy Photo)

Saturday, October 5 at 7:30 p.m. in Wakefield

## Pete and Maura Kennedy return to Linden Tree Concert series

The Linden Tree Concert series is excited to bring back Pete and Maura Kennedy to Wakefield on Saturday, October 5 at 7:30 pm. Often seen on festival stages around the country, their visits to coffeehouses are extra special.

The Kennedys are an American folk-rock band recognized for their harmonies and instrumental prowess, blending elements of country music, bluegrass, Western swing and jangle pop.

The Kennedys began performing together in 1992, shortly after they met while on the road with Nanci Griffith. The pair's musical influences are quite eclectic from Buddy Holly, the Everly Brothers, the Beatles, and the Byrds, but also jazz, blues, and world music. With over 14 recordings as the Kennedys and many recorded individually and with others, Pete and Maura have no plans to slow down either on tour or in creating music.

Their latest recording Headwinds' title track shows their love of the United States. Political and social headwinds are making it

hard to get back home to our greatness as a nation. The duo want to push back in a positive way against those winds. The thirteen songs are cast in a soundscape that draws from American roots. With a mix of instruments which includes a vintage steel guitar and a slide Ukulele, Pete and Maura believe that these sounds will have the power to pull us through again. <https://www.kennedysmusic.com>.

Tickets will be \$25, cash or check at the door. Tickets for those under 18 are \$10. Reservations are recommended for preferential seating by calling 781-246-2836. In our area, shows featuring The Kennedys are popular.

The Linden Tree Concerts are now held in the social hall of the Wakefield Lynnfield United Methodist Church, 273 Vernon St. Wakefield, MA 01880. Easy to find from 95. Parking Lot by church rear entrance. Handicapped access too.

See [www.LindenTreeCoffeehouse.org](http://www.LindenTreeCoffeehouse.org) for more information.

## • Real Estate Transfers •

### BURLINGTON

5 Bedford St was sold to Apif Massachusetts LLC by Trapelo Realty Inc for \$2,353,000 on 09/05/24

5 Marigold Way #5 was sold to Feng, Xueying by Hintlian, Edward and Hintlian, Nancy L for \$1,310,000 on 09/06/24

### LYNNFIELD

324 Main St was sold to Mei, Michael and Yu, Vykki by Hammersley, Alan M and Hammersley, Lisa J for \$987,840 on 09/03/24

20 Pine Hill Rd was sold to Bd Construction LLC by Wallace Lucille S Est and Wallace, Mary D for \$730,000 on 09/03/24

### NORTH READING

38 Anthony Rd was sold to Pope, Derek and Culhane, Jamie by Whelan, Daniel J and Whelan, Janice D for \$705,000 on 09/04/24

9 Berridge Way was sold to Gao, Lili by 9 Berridge Way Rt and Mcnelley, Edward J for \$1,350,000 on 09/05/24

14 Northridge Dr #14 was sold to Tortorici, Anne and Tortorici, Francis B by Laterz Ft and Mulan, George for \$572,000 on 09/03/24

233 Park St was sold to Hall, Jordon and Mira-Hall, Anamaria by Moran, Gary and Moran, Lisa for \$530,000 on 09/06/24

### READING

25 Condor Rd was sold to Deoliveira, Jediel and Deoliveira, Nilda by 25 Condor Road Nt and Johnston, Lauren F for \$716,000 on 09/03/24

108 South St was sold to Nova Homebuilders Inc by Doherty Gerald R Est and Howe, Arielle S for \$600,000 on 09/06/24

### STONEHAM

29 Ellen Rd was sold to Lin, Jacky and Chen, Kayla by Chi, William C and Sheung, Lai L for \$845,000 on 08/12/24

### TEWKSBURY

1563 Andover St #15 was sold to Mckiel, Elizabeth by Andover North Estates LL for \$522,000 on 09/06/24

1563 Andover St #11 was sold to Paramashiva, Hitaishi by Andover North Estates LL for \$509,800 on 09/05/24

65 Decarolis Dr #65 was sold to Bombaci, Connor J and Figueiredo, Ana C by Macdonald, Marguerite M for \$380,000 on 09/03/24

680 East St was sold to Morlino, Steven M and Morlino, Paulina A by Diciaccio Maria A Est and Adrich, Donna M for \$755,000 on 09/06/24

3 Juniper Ln #3 was sold to Sapkota, Krishna P and Sapkota, Jayanti by Carlino, Paolo for \$655,000 on 09/06/24

94 Juniper Ln #94 was sold to Phan, Phuong by Bernadette Donahue Ft and Donahue, Bernadette M for \$580,000 on

09/06/24

157 Trull Rd was sold to Sharon M D Parker RET and Parker, Sharon M by Dombrowski, Gregory for \$810,000 on 09/06/24

### WAKEFIELD

121 Farm St was sold to Miranda, Jennifer A by Wong, Maggie M and Lau, Pang C for \$740,000 on 09/06/24

8 Overlook Rd was sold to Hunkeya, Tenzin and Yangchen, Sonam by Avery Alan Est and Avery, David for \$830,000 on 09/04/24

### WILMINGTON

10 Hobson Ave was sold to Holmes, Kevin R by Leder, William K and Leder, Jayne A for \$300,000 on 09/04/24

208 Main St was sold to Wilmington RETail Mgmt LL by Aviva Realty LLC and Davelou Realty LLC for \$3,020,000 on 09/04/24

380 Main St was sold to Srjr Main LLC by Gagnon Lt and Gagnon, David J for \$750,000 on 09/05/24

### WINCHESTER

400 Cross St #201 was sold to Liu, Jennifer Y and Hsu, Chen-Chih by Macauley, Jennifer J for \$730,000 on 09/03/24

27 Ledyard Rd was sold to Alysse LLC by 27 Ledyard LLC for \$1,380,000 on 09/04/24

7 Spruce St #7 was sold to Wang, Yin and

Yang, Yue by Peng, Xiaoyan for \$1,089,000 on 09/06/24

### WOBURN

88 Fowle St #B was sold to Parthasarathy, Radha and Parthasarathy, C S by Park, Christopher and Israel, Danielle G for \$704,300 on 09/04/24

10 Fuller Farm Rd was sold to Oclair, Walter and Oclair, Robin by Raithel Jr, Arthur W and Raithel, Jill A for \$1,305,000 on 09/06/24

14 Kendal Dr was sold to Li, Ynigzi by 14 Kendal Drive RET and Gardner, Louise for \$675,500 on 09/04/24

102 Prospect St #102 was sold to Kalina, Stephanie by Parthasarathy, Rajan and Parthasarathy, Jasmine E for \$460,000 on 09/04/24

4 Stratton Dr #301 was sold to Bhayamkaram, Pavan K and Gopinath, Saranya by Pulte Home Of New Eng LL for \$829,899 on 09/05/24

4 Stratton Dr #208 was sold to Ding, Richard P by Pulte Hm Of New Eng LLC for \$739,585 on 09/05/24

4 Stratton Dr #309 was sold to Hao, Jianxiu and Hau, Yushuang W by Pulte Home Of New Eng LL for \$935,015 on 09/03/24

4 Stratton Dr #405 was sold to Sharon L Connors Lt and Connors, Sharon L by Pulte Hm Of New Eng LLC for \$950,005 on 09/06/24

4 Stratton Dr #308 was sold to Tyukova, Veronika by Pulte Hm Of New Eng LLC for \$810,350 on 09/03/24





## Tewksbury Police Log

# Male reportedly pulls knife on desk clerk at local motel

**Monday, September 16**

1:58 a.m. - Uber driver driving silver Cadillac picked up male passenger in Billerica's Shell Gas Station. He wanted the driver to stop and roll down the window, and the caller exited the vehicle and entered the gas station, where he proceeded to lock himself in the store. Police sent. They spoke to all involved parties. Officer filed a report.

8:27 a.m. - Calling party reported a white male attempted to enter his home at Ames Hill Drive. The person has left. Police sent. They cleared the area. The male was a solicitor; no crime and no one entered the home.

8:19 p.m. - Multiple calls for a motor vehicle accident, a car versus a pole at Pike Street. Susan Mcaskill, 33, of 217 Castle St. in Tewksbury, was arrested and charged with OUI liquor, negligent operation

of motor vehicle, and marked lanes violation.

**Tuesday, September 17**

8:48 a.m. - Caller reported what she believed was a bag of drugs by the driveway at Carter Street. Police sent. Items have been secured and police would file a report.

3:26 p.m. - A 911 caller reported a student was being followed and went through the woods from the Wynn School. The suspect was described as an older male, white/gray beard, and bald. Police sent. Officer filed a report.

3:56 p.m. - Calling party reported that she heard a single gun shot in the rear of Kyoto Steak House. Caller reported that it occurred about 20 minutes ago in the wetland area. Police sent. They checked the area with nothing out of the ordinary found. Tree work being done on a street in the area which

could have been the cause of the noise.

5:01 p.m. - A 911 caller reported she got threatened through emails at Blaire House. Police sent and officer filed a report.

9:28 p.m. - Caller stated a male came in and he had to pepper spray the male at Motel 6. Calling party was avoiding answering questions and didn't want to answer why he pepper sprayed him. The male party pulled a knife on the front desk clerk so he pepper sprayed him. Police sent. Officer filed a report.

**Wednesday, September 18**

8:27 a.m. - Hispanic male yelled at customers and asked for money at Market Basket north. He was walking toward Marshall's carrying a blue backpack and wearing all black clothing with female (unknown description). Police sent. Male and female

were homeless looking for housing.

12:25 p.m. - Caller reported window was broken; unsure what broke it at Birch Street. Police sent. It appeared a bird went through the screen.

4:48 p.m. - A 911 caller stated an erratic driver heading into Tewksbury on Main Street took a left onto East Street. He believed he saw drugs in the car. Police sent. Vehicle was gone on arrival.

8:02 p.m. - Caller reported two black cars racing in the parking lot of Radcliffe Road. Caller called back and reported the two cars left.

**Thursday, September 19**

11:24 p.m. - A 911 caller at Wendy's. Employee reported a customer started yelling at her and demanding money over a mobil order. He was described as a hispanic male with baseball cap, gray hair, short, muscular, heavy set, approximately 30 years old. Police sent. No crime committed. Male party would be calling customer service tomorrow to get a refund.

**Friday, September 20**

7:18 a.m. - Employee at

Circle K looking to no trespass a male who keeps coming into the store and stealing. The male was wearing a black t-shirt, jeans, and a baseball hat. Police sent. Male party was gone on arrival. Officer filed a report.

12:45 p.m. - Caller stated male party was intoxicated and was threatening people and needs to be removed from the property at Trull Brook Golf Course. Police sent. Two male parties no trespassed. Sober driver took male parties away. Officer filed a report.

4:39 p.m. - A 911 caller reported an erratic driver at Tewksbury Post Office. Police sent. They checked above the parking lot and the surrounding area. They were gone on arrival.

7:32 pm - Caller reported two vehicles with five people were parked at building one at Lodge At Ames Pond. The male parties were entering and leaving the building. One vehicle was teal green and the other black. Male parties were also wearing all black. Police sent. Officer checked the building and all appeared secure.

9:30 p.m. - Caller reported while he was at work, maintenance painted his

front door and left it open all day. Caller requested to speak to an officer at International Place. Police sent. This appeared to be an oversight by maintenance. Caller was advised to report the incident to property management. No items missing or disturbed.

**Saturday, September 21**

12:55 a.m. - Owner of business at Jade East reported man standing outside wearing a black shirt, tan shorts for 30 to 45 minutes. Owner just wanted him off property didn't want to speak to him. Police sent. Caller reported a vehicle came and picked up the male.

11:18 a.m. - Manager called in there were 15 people in the parking lot handing out religious materials at Market Basket north. Customers were complaining and the manager would like them moved along. Police sent. They would be leaving the property.

**Sunday, September 22**

12:39 a.m. - Intoxicated person in the drive through at McDonalds South. Police sent. Cruiser checked the area and the vehicle appeared to be gone on arrival.



## Wilmington Police Log

# Wilmington resident arrested on numerous charges including possession and receiving stolen property

**Friday, Sept. 13:**

12:08 a.m.: A gray 2012 Honda Accord and a white 2012 Mack 700 were involved in a motor vehicle accident near the Mile 33 Marker on the I-93 SB highway. State police ended up handling the situation.

6:57 a.m.: Douglas Da Silva Heideman of 100 Fort Hill Ave., Apt. #2, in Lowell, was issued a summons for failure to stop/yield and unlicensed operation of a motor vehicle. This followed a stop of his blue 2003 Toyota Corolla near the Country Chef on Main Street.

5:49 p.m.: Jazlyn Jema Sicari of 49 Abbott Road, in North Reading, was issued a summons for shoplifting by asportation. This followed loss prevention at the Target on Ballardvale Street reporting that five minutes beforehand, someone took a mattress topper and left in a gold-colored Toyota SUV.

**Saturday, Sept. 14:**

1:03 p.m.: Caitlin M Hook of 6 Kimball Ct., Apt. #206, in Woburn, was arrested for OUI-Liquor over .08%, OUI-Drugs, possession of an open container of alcohol in a motor vehicle, negligent operation of a motor vehicle, and a 1st offense of using an electronic device while operating a motor vehicle. This followed a motor vehicle accident involving her

black 2006 Ford Explorer and a gray 2024 Hyundai Elantra near the Burger King on Lowell Street.

2:42 p.m.: A caller on Oakdale Road reported two men fighting in the street.

**Sunday, Sept. 15:**

7:24 a.m.: Antony Gabriel Santos of 20 Harrison Road, Apt. 13D-3, in Salem, was issued a summons for operation of a motor vehicle with a suspended license and speeding in violation of special regulations. This followed a stop of his gray 2022 Honda Accord on Church Street.

6:28 p.m.: Rayniel Deaza of 29 Kendrick St., Apt. #2, in Lawrence, was issued a summons for operating an uninsured motor vehicle, operating an unregistered motor vehicle, and not having a valid inspection sticker. This followed a stop of his black 2005 Honda Accord near the Congregational Church on Middlesex Avenue.

7:03 p.m.: Sean Fitzgerald O'Donoghue of 15 West St., in Wilmington, was issued a summons for operating a motor vehicle with a license suspended for OUI. This followed a stop of his green 2007 Chevy Silverado on West Street.

**Monday, Sept. 16:**

2:57 p.m.: A caller nearby reported two students fighting on a school bus in

the area of Molloy Road and Fairmount Avenue. One person complained of a neck injury, and both students were picked up by their parents.

3:35 p.m.: A red 1997 Mack 700 and a gray 2019 Toyota Rav4 were involved in a motor vehicle accident on Glen Road. The caller who reported the accident stated that no one appeared to be injured.

4:42 p.m.: Derek J Koster of 8 Kiernan Ave., in Wilmington, was arrested for receiving over \$1,200 of stolen property, breaking and entering a vehicle during the nighttime for a felony, disturbing the peace, breaking and entering for misdemeanor, larceny under \$1,200, distributing a class A drug, possession to distribute a class A drug, possession to distribute a class B drug, conspiracy to violate drug law, and furnishing false ID to a law enforcement officer. This followed a stop of his gray 2004 Mercedes C240 near the McDonald's on Main Street.

2004 Mercedes C240 near the McDonald's on Main Street.

**Tuesday, Sept. 17:**

6:29 a.m.: Sean A Kavanagh of 75 Kiely Road, in Dedham, was issued a summons for operating an uninsured motor vehicle, operating an unregistered motor vehicle, and not having a valid inspection sticker. This followed a stop of his black 2018 Chevy Silverado on Burlington Avenue.

7:31 a.m.: A blue 2023 Chevy Suburban and a black 2022 Honda HR-V were involved in a motor vehicle accident near the Z & S Gas Station on Main Street. No injuries were reported, and police assisted with paperwork exchange.

4:38 p.m.: Don H Little of 323 Wilson St., Apt. #2, in Manchester, NH, was arrested for shoplifting over \$250 by asportation, 2 counts of unlawful posses-

sion of a theft detection device deactivator or remover, a number plate violation to conceal ID, forgery or misuse of an RMV document, an unlicensed operation of a motor vehicle. This followed loss prevention at the Target on Ballardvale Street reporting a suspected shoplifter was in the store, after which the suspected shoplifter left the store without any items and attempted to flee the scene.

**Thursday, Sept. 19:**

9:06 a.m.: Two undisclosed parties were issued summonses, one for unlicensed operation of a motor vehicle, and the other for allowing an unlicensed operator to drive his vehicle. This followed a minor bumper-to-bumper accident between a black 2015 Nissan Altima and a blue 2018 Honda HR-V in the Student Lot on Middlesex Avenue.

1:29 p.m.: Patrick John Clark of 68 Beach St., Apt.

#2, in Quincy, was issued a summons for operating a motor vehicle with a suspended license and operating an unregistered motor vehicle. This followed a caller on Tomahawk Drive reporting a blue Kia with a male operator had been in the area for an hour, moving up and down and parking at various houses.

5:48 p.m.: Ailton Aparecido Pedros of 101 Delmont Ave., Apt. #7, in Lowell, was issued a summons for operating a motor vehicle with a suspended license. This followed a stop of his red 2006 Toyota Prius on Salem Street.

11:07 p.m.: Christopher Michael Carrigg of 574 Chandler St., in Tewksbury, was issued a summons for a subsequent offense of operating a motor vehicle with a suspended license, and not having a valid inspection sticker. This followed a stop of his red 2009 Nissan Titan on Burlington Avenue.

# Tewksbury Community Market holds final market

TEWKSBURY — The Tewksbury Community Market is open on Thursday, Sept. 26, from 4 to 7 p.m., at Livingston Street Park, behind the Recreation Center (288 Livingston St.).

The Sept. 26 market will feature 30 vendors, including:

### FOOD VENDORS

- Aaronap Cellars (wine)
- Bittersweet Herb Farm (jams, oils, balsamic vinegar, seasonings, finishing sauces)
- Black Sheep Craft Ice Cream (craft ice cream in pints & half pints)
- BtzNPeace Farm (fresh vegetables, maple syrup, eggs, plants, flowers)
- The Cozy Crumb (decorative royal icing sugar cookies)
- Drive-By Pies (fruit pies, pastries)
- Farmer Palmer (gar-

lic products)

- Fudge n Stuff (homemade fudge, popcorn, kettle corn, candied nuts)
- F-Word Farm (craft vinegar)
- Milk + Sugar Food Truck (churros)
- Olive World (olives)
- Pleasant Valley Gardens (fresh vegetables, local fruit, aprons, hats, tote bags)
- Polish Prince Pierogi (pierogi & other Polish delights)
- Seafood Express (fresh & frozen prepared seafood)
- Sophie's Apples (candy apples)
- The Stand "Shaken Not Stirred" (fresh squeezed lemonade)
- Tewksbury Honey (honey & honey related products)
- Tewksbury Public Library Community Garden (organic vegetables, fruit, flowers)
- Thwaites Market Food Truck (meat pies)

- Totally Nutz (pecans, almonds, cashews)
- What The Fork Food Truck (smash burgers, chicken sandwiches, fries)

### ARTISANS & CRAFTERS

- Amy's She Shed Creations (signs, glassware, wreaths, assortment of handmade items)
- Bracelets By Melissa (bracelets)
- The Happiest Lamb Knits (knitted hats, other knitted items)
- KC StYleS Accessories (handmade jewelry, scarves, headbands)
- Woobie's Whimsies (gifts & accessories)

### COMMUNITY GROUPS

- Tewksbury Boy Scouts
- Tewksbury Garden Club

The Tewksbury Community Market runs from 4 to 7 p.m. every Thursday

in June, July, August and September (minus July 4). Please note the Market has more than 70 vendors (30-35 each at any given market) and its lineup changes from week to week.

Visit the Tewksbury Community Market's website at <http://www.tewksburymarket.com> to learn more. Follow the Tewksbury Community Market's Facebook (@TewksburyMarket), Twitter (@TewksburyMarket), and Instagram (@TewksburyCommunityMarket) for additional market updates throughout the season.

Have a question about the market? Contact Community/Economic Development Planner Alex Lowder at 978-640-4370 x 248 or [alowder@tewksbury-ma.gov](mailto:alowder@tewksbury-ma.gov) and Community Outreach Librarian Robert Hayes at 978-640-4490 x 205 or [rhayes@tewksburypl.org](mailto:rhayes@tewksburypl.org).

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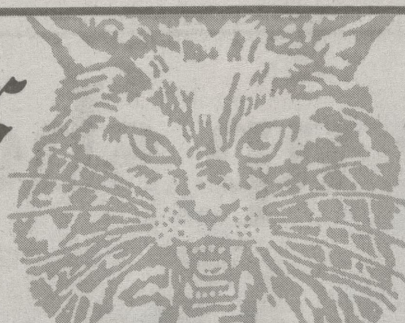
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# Cross country teams sweep Stoneham

Runners also shine  
at Frank Kelley Invitational

By DOUG HASTINGS  
Sports Correspondent  
sports@yourtowncrier.com

The Wilmington High boys and girls cross country teams hosted Stoneham in a cross country meet on Tuesday, September 17.

The boys won their first meet of the season by a score of 15-47 as they took the first five places and seven of the top 10 places: Dean Ciampa was first in 17:24 and Gavin Dong placed second in 17:26.

Jake Cronin ended up third in 17:39 and Cooper Holleran was fourth in 18:01. David Dynan completed the clean sweep of the top five spots with a time of 18:02.

The boys evened their record at 1-1 on the season.

The girls also won as they took the first three places to win by a score of 19-37.

Addy Hunt was first in 21:27, Charlotte Kiley was second in 21:34 and Kaitlyn Shackelford placed third in 22:47.

Rounding out Wilmington's top five was Bella Zaya, who was fifth in 23:43 and Cayley Israelson, who took eighth in 24:09.

The girls evened their record at 1-1 on the season.

The teams competed at the Frank Kelley Invitational at Wrentham on Saturday, September 21.

The teams all ran the 3k course. The highlight of the day was senior Addy Hunt who won the senior girls race in a time of 11:53.82. Other medal winners for the girls were:

Charlotte Kiley: 3rd in the sophomore girls race in a time of 12:03.64

Kaitlyn Shackelford: 19th in the junior girls race in a time of 13:15.93

Also competing for the girls were:

In the senior race: Tessa Cappione: 54th in

15:14.20

Rebecca Hughes: 59th in 15:33.26

In the junior race:

Bella Zaya: 28th in 13:46.54

Cayley Israelson: 14:19.90

In the sophomore race:

Katelyn LaPointe: 65th in 15:14.11

Niki Douzepis: 100th in 16:31.56

In the freshman race:

Tess Sullivan: 84th in 17:08.74

Erin Botte: 101st in 18:14.62

Ciara O'Shea: 109th in 20:10.30

Summer Aliperta: 111th in 22:38.12

On the boys side, the top finisher of the day was Gavin Dong who was 5th in the junior race with a time of 10:09.96. Also medaling for the boys were:

Dean Ciampa: 15th in the senior boys race in a time of 10:19.57

Jake Cronin: 11th in the junior boys race in a time of 10:26.21

Cooper Holleran: 14th in the sophomore boys race in a time of 10:36.45

David Dynan: 23rd in the junior boys race in a time of 10:54.48

Also competing for the boys were:

In the senior race: Spencer Bagtaz: 40th in 11:18.06

In the junior race: Evan Cummings: 32nd in 11:08.98

Conor Burns: 70th in 12:08.38

In the sophomore race: Cooper O'Shea: 127th in 13:37.45

In the freshman race: Matt Lawler: 41st in 12:00.35

Colby O'Brien: 47th in 12:12.57

Thomas Roofe: 57th in 12:26.47

Lucas Madden: 71st in 12:41.97

Alex Murphy: 128th in 14:43.94

Liam Zollner: 134th in 14:58.38

WHS won the junior race



▲ Wilmington cross country runner Jake Cronin heads to the finish line to take third place in a meet against Stoneham High School.



▲ Wilmington cross country runner Addy Hunt (left) leads the pack of runners during a meet against Stoneham High School on September 17, 2024. (Credit Images: James Thomas)

with 53 points to beat out Burlington (68 points), Bishop Fenwick (79 points), Canton (84 points) and Brockton (110 points).

## GIRLS SOCCER ROLLING

The Wilmington High girls soccer team battled Burlington to a 2-2 draw on Monday night at Wilmington High.

The Wildcats improved to 3-3-1 after starting the year 0-3.

The game with Burlington was a tale of two halves for the Wildcats.

Wilmington got on the scoreboard first at the seven-minute mark when Lindsay Broussard was able to find an open Ali McElligott, who managed to strike a shot around the goalkeeper.

At the 20-minute mark, McElligott was able to find Cate MacDonald with a through ball that MacDon-

ald placed in the bottom left corner of the net.

The scoring opportunities continued for the Wildcats, but WHS just could not find the back of the net.

With 10 minutes to go in the half, Burlington found the back of the net off of a through ball.

The second half continued to create scoring chances for both teams and it was Burlington who capitalized with five minutes to go to tie the game up.

In its previous contest, Wilmington beat Melrose in a tight game, 1-0.

The game had a playoff atmosphere.

After a scoreless first half, the second half showed more of the same.

In one of the high-tempo plays, the Wildcats were able to pick up a ball at midfield that ended up on the foot of Hanna Hadzic. After eluding a defender, Hadzic found the foot of MacDonald, who managed to place a ball around the goalkeeper and in the back of the net.

The goal came at the 14-minute mark and it increased the tempo of the game even more for the remainder of the game.

With five minutes to go and after creating an avalanche of offense, Melrose created the most clear opportunity to score when Emma Strafford managed to get around a defender and hit a solid shot that beat the goalie but found the cross bar instead of the back of the net.

Melrose kept the pressure on while Wilmington kept the defensive stand strong.

Wilmington also beat Wa-

tertown last week, 4-0.

The Wildcats got on the scoreboard at the 14-minute mark when MacDonald was able to elude her defender and cross the ball over to Jill Collins, who was able to place the ball around the goalkeeper from Watertown.

That was the only goal of the half.

The second goal was a returned favor when Collins was able to find MacDonald around the penalty area. After a good trap, MacDonald placed the ball around the goalkeeper at the 11-minute mark of the second half.

The third goal was scored in the 13th minute of the second half when MacDonald was able to find McElligott, who hit a rocket to the far post.

In the 20th minute, the Wildcats were able to find the net again. This time it was from the boot of Emma Nolan, who found herself hitting a powerful shot off of a rebound from outside of the 18 box.

Wilmington will play at Wakefield at 4:15 p.m. on Thursday.

## BOYS SOCCER EDGED BY BURLINGTON

The Wilmington High boys soccer team dipped to 0-8 on Monday, but it certainly wasn't for a lack of effort.

WHS fell 1-0 to the Red Devils, the team's third 1-0 loss in its last four matches.

In recent play, the Wildcats lost to Tewksbury, Watertown and Burlington all by 1-0 scores.

Melrose also topped Wilmington in recent action,

3-0.

"The effort is always good, the players are working hard, but our offensive game is lacking," said WHS coach Steve Scanlon. "We are having a lot of trouble keeping possession and we can't sustain offensive pressure on the opponent."

## FIELD HOCKEY EARNS POINT

The Wilmington High field hockey team is playing well against other Middlesex League Freedom Division squads.

In recent play, WHS lost by a 2-1 score to Burlington and battled Melrose to a 0-0 draw.

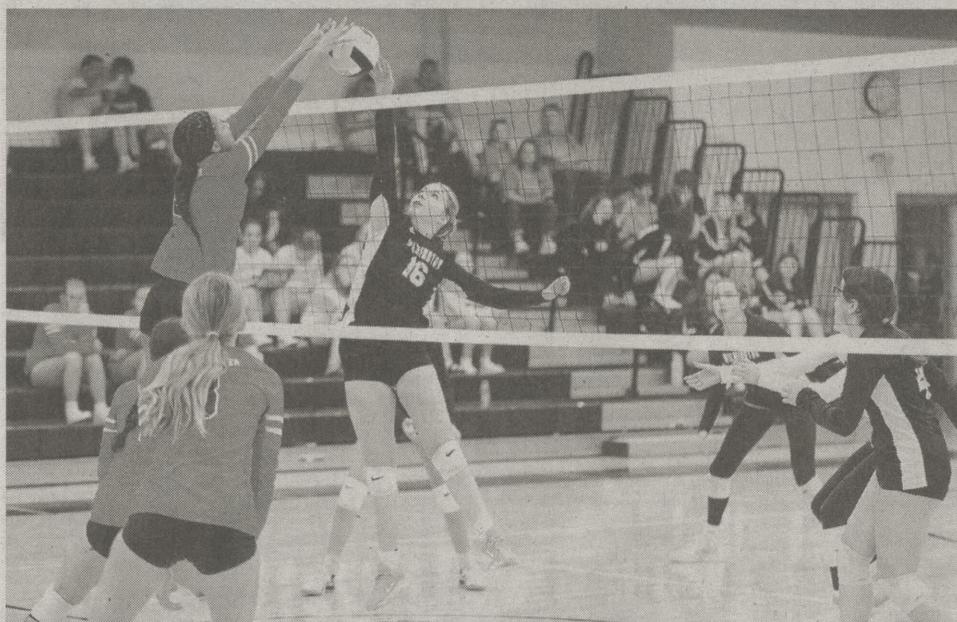
Wilmington is led by seniors Jordan Bornstein, Sydney Crane, and Keira Warford.

"They have been solid and consistent for us. I've had to move them around due to their previous varsity experience, and they've worked hard to adjust to the change and used it to help others learn from them on the field," said Wildcat coach Leanne Ebert. "Sophomore, Emma Tarin, has stepped it up in goal, and junior, Leah Langone, has been solid."

## VOLLEYBALL PLAYS THURSDAY, FRIDAY

The Wilmington High volleyball team brings a 1-6 record into a busy week that sees them play Wakefield on Tuesday before road matches in Woburn on Thursday and at Shawshen Tech on Friday.

In recent action, the Wildcats dropped 3-0 decisions against Melrose and Burlington.



▲ Madelyn Oatis (right) of Wilmington blocks a shot on net from Winchester's Johanna Melhorn during a volleyball match at Wilmington High School on September 4, 2024.



▲ Wilmington goalie Emma Tarin blocks a shot on net during a varsity field hockey game against Winchester at Wilmington High School on September 4, 2024. (Credit Images: James Thomas)



▲ Tewksbury's Austin Manneta protects the ball from Wilmington defender Jon Mehr during Saturday's varsity soccer game in Wilmington. (Credit Image: James Thomas)



# Wildcats come up short Football team comes storming back, but falls to Saugus

By SCOTT OLSZEWSKI  
Sports Correspondent  
sports@yourtowncrier.com

The Wilmington High football team managed to cut a 15-point deficit down to five, but could not take the lead as the Wildcats lost to Saugus 22-10 Friday night at Wilmington High School.

Senior Colin Allard threw for a touchdown in the game for the Wildcats.

Cody Munafa led the Sachems, rushing for 95 yards and a touchdown for the Sachems.

Four turnovers by the Wildcats was the differ-

ence in the game.

"Turnovers, and an 11-minute drive by Saugus to open the second half was the difference," said Wilmington coach Craig Turner. "We also missed a lot of tackles on defense and that has been the theme of what we have been doing. Offensively, we still struggle to run the ball, and turning the ball over is not a recipe for success. Colin gave us some spark in the second half. He has not had a lot of reps at quarterback, but he knows the offense and was able to get us going."

Wilmington started the

game at its own 18, but a fumble on a handoff between Mark Holleran and Allard was recovered by Saugus at the Wildcat 15. The defense came through as they forced a fourth and 11 at the Wildcats 16. Quarterback Jordan Rodriguez dropped back to pass for the Sachems, but his throw went incomplete turning the ball over on downs with 9:51 left in the first.

It looked like the Wildcat offense would start to gain some momentum on its next possession. On first down, Holleran dropped back to pass throwing down the left side to Connor Lovell for a 33-yard completion to the Wildcat 49.

The 'Cats were faced with a fourth-and-10 when Holleran threw to Lovell at the 35. He managed to get his hands on the ball, but could not control it falling out of bounds.

Saugus managed to move the ball 12 yards in seven plays but was faced with a fourth and seven at the Wilmington 37. Rodriguez again dropped back to pass, but his pass but the Wildcat defense came through again as the pass

◀ Wilmington's Ayden Bellevy gets upended by Ryan Shea of Saugus

(Credit Image: James Thomas)



Wilmington's Colin Allard tries to shake off Ryan Shea of Saugus as he runs for a first down. (Credit Image: James Thomas)

went incomplete with 5:02 left in the first.

The Wilmington offense started to move the ball again.

After a five-yard carry by Ayden Bellevy, Holleran kept the ball rolling left for an 11-yard carry to the Sachem 43. Two plays later, Holleran threw over the middle to Allard at the 25. Allard managed to break a couple of tackles as he carried to the 14. Three plays later on third and nine, Holleran threw over the middle, but the pass was deflected and caught by Munafa for Saugus at the 14 with 1:30 left in the first.

Neither team scored on their next two possessions.

Saugus ended the half starting from their own 20

with 3:10 left. The visitors put together an 11-play, 80-yard drive. Munafa led the offense with four carries for 39 yards. Rodriguez ended the drive on third and four from the Wildcat five running up the middle for a touchdown with no time left. Munafa ran for the two-point conversion to give Saugus an 8-0 lead at the half.

Saugus opened the second half with a dominating drive, going 64 yards in 19 plays for more than 11 minutes. The key play came on third-and-17 at the Wilmington 47.

It looked like Wilmington came down with an interception by Allard, but a pass interference call gave Saugus a third-and-two from the Wilmington 32. Munafa got the call picking up the two yard for the first down. He finished the drive on fourth and two from the three running up the middle for a touchdown. Connor Bloom kicked the extra point to give Saugus a 15-0 lead with 52 seconds left in the third.

Wilmington got great field position starting from their own 42 after a 17-yard return by Marvin Jean. On first down, Allard was in at quarterback and threw deep to Lovell who made an over-the-shoulder catch at the Sachem seven. On third and goal from the two, the Wildcats fumbled during a handoff with Saugus recovering at their own four.

The defense came through for Wilmington on first down getting their first points of the game. Saugus Sami Chahid took

the handoff, but the Wildcats forced a fumble. A Saugus player batted the ball out of the end zone for a safety to cut the lead to 15-2.

Wilmington got great field position after the free kick starting from the Sachem 41.

Three plays later, bad luck struck again on second and 30. Allard threw over the middle but was intercepted at the 21 by Ryan Shea.

The Wilmington defense again came through with another three and out forcing Saugus to punt.

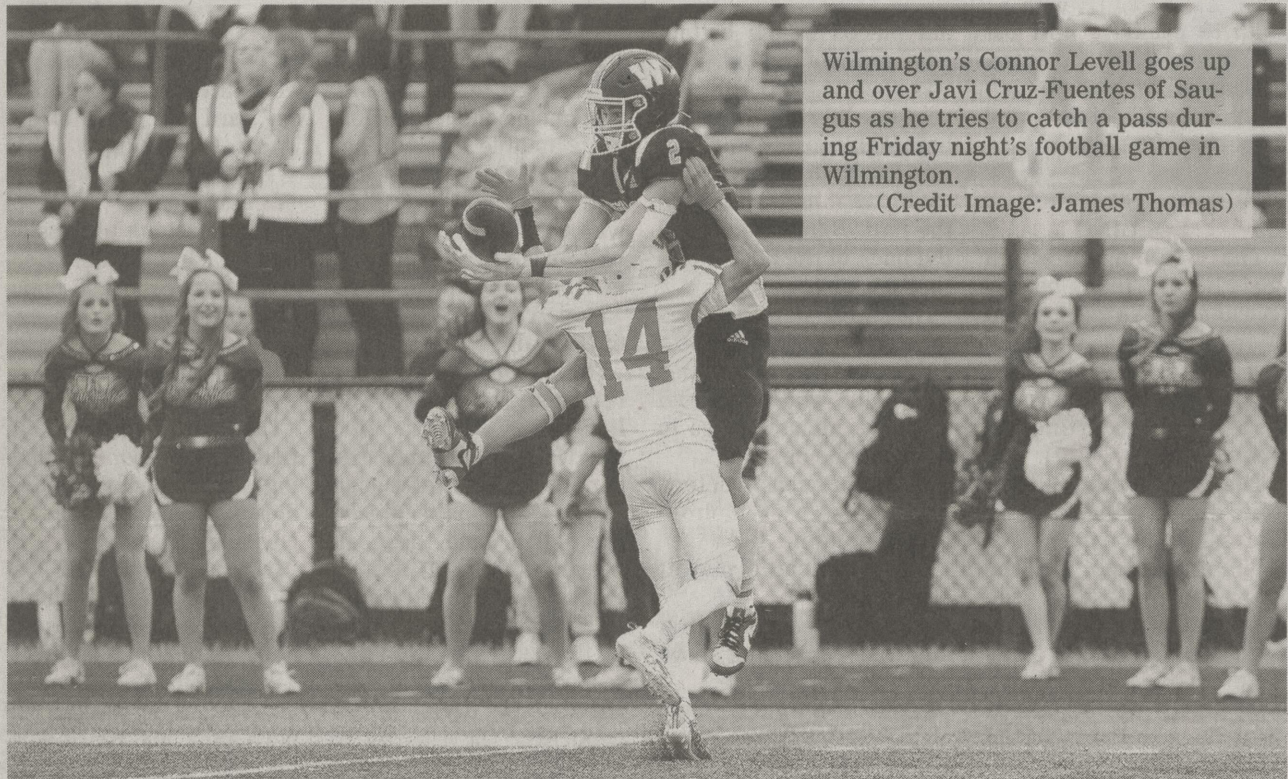
A short kick gave Wilmington the ball at the Saugus 39 with 7:20 left in the game. Allard came through on second and 10 when he through downfield to Lovell at the five. He made another over the shoulder catch running it in for a touchdown. Allard ran it in for the two-point conversion with 7:07 left in the game to cut the lead to five 15-10.

The Sachems put the game away on their next drive.

Starting from their 32, they went seven plays in 25 yards but were faced with a fourth and 1 at the Wildcat 43. Munafa got the call going up the middle breaking free going the distance for a touchdown.

Bloom kicked the extra point with 3:03 left in the game to give Saugus a 22-10 lead. Wilmington tried to answer, but were stopped on fourth and 18 from their 12 ending the game.

Wilmington is now 0-2 for the season and travels to Peabody to play Bishop Fenwick Friday.



Wilmington's Connor Levell goes up and over Javi Cruz-Fuentes of Saugus as he tries to catch a pass during Friday night's football game in Wilmington. (Credit Image: James Thomas)



▲ Wilmington residents on the Shawsheen Tech football team include (kneeling, from left) Jake Anczak, Eric Banda, Zack Timmons, Jake Banda, Jack Martins, Kyle Marrone, Shane O'Neill, Aidam Largenton; (Standing, from left) Nate Melo, Will Trach, Andrew Santo, Bryan Keohan, Trent Wedge, Jaron Molgard, Mickey Moroney and Isaac Martin. Not pictured: Cullen Walsh. (Courtesy photo)

## Shawsheen improves to 3-0

▼ Zack Timmons picks up some yardage for the Rams. (Courtesy photo)

### Ram football pulls away from Winthrop, 28-6

By DOUG HASTINGS  
Sports Correspondent  
sports@yourtowncrier.com

The Shawsheen Tech football team improved its record to 3-0 on Friday in Winthrop with a 28-6 victory on the road.

The Rams have outscored three non-league opponents by a combined margin of 111-26.

Shawsheen has two more difficult tests before starting play in the Commonwealth Athletic Conference's Large School Division.

This Friday, the Rams host Norwood at 7 p.m. before welcoming Wayland to Cassidy Field on Oct. 4, also at 7 p.m.

Shawsheen has a bye week on Oct. 11 before hosting Greater Lowell on Oct. 18.

Winthrop actually took a 6-0 lead against Shawsheen Friday when quarterback Matthew Noonan hit receiver Nick Cappuccio with a 26-yard touchdown pass.

The Rams answered with a 7-yard touchdown by Jake Banda. Jack Finn's

extra point put Shawsheen in front after one quarter, 7-6.

Banda scored again in the second quarter on a 12-yard run before Zack Timmons pounded home a 10-yard touchdown run for a 21-6 halftime advantage.

Ram quarterback Sid Tildsley completed the scoring in the fourth quarter with a 4-yard touchdown run. Finn was 4 for 4 on extra points.

Banda had 103 yards rushing to lead the Ram attack.





Shawsheen Tech Roundup:

# Late goal lifts boys soccer past Mystic Valley

Golfers and volleyball still cruising

By DOUG HASTINGS  
Sports Correspondent  
sports@yourtowncrier.com

In a busy week, the Shawsheen Tech boys soccer team went 1-1-1, moving its record to 2-4-1 overall.

On Monday, the Rams battled Greater Lowell to a 1-1 deadlock.

Last week, Shawsheen dropped a 4-1 decision against Groton-Dunstable and topped Mystic Valley by a 2-1 score.

Against Mystic, the Rams were on the board early and late to get the victory.

Senior Niko Georgoulis scored in the sixth minute with assists from junior Davide Vitale and senior Jack Bourque. Mystic Valley tied the game before halftime.

Vitale netted the game winner with two minutes to play in the match on an assist from senior captain Ethan Melanson.

Senior Kaleb Molina manned the net in the first half for the Rams and sopho-

more Joe Mytych took over in the second half.

Playing well for the Rams were sophomore Jack Morin, sophomore John Galicia, senior Layne Coutu and senior Jayson Dube.

Scoring for Shawsheen against Groton-Dunstable was Georgoulis off a great run and pass from Bourque.

Playing well for the Rams were Mytych in the field in the first half and in goal in the second half.

Senior Nick Palmerino, junior Dom DiCenso and sophomore Aidan Boutot also had solid matches.

Against Greater Lowell, the Rams played their best game of the season and had victory snatched away from them when Greater Lowell was awarded a penalty kick with three and a half minutes to play.

This was a dramatic turn around from the first time these two teams met when Greater Lowell walked away with a 7-3 victory.

The Ram goal was from

from Georgoulis that rattled of the crossbar and post before coming down on Bourque's foot.

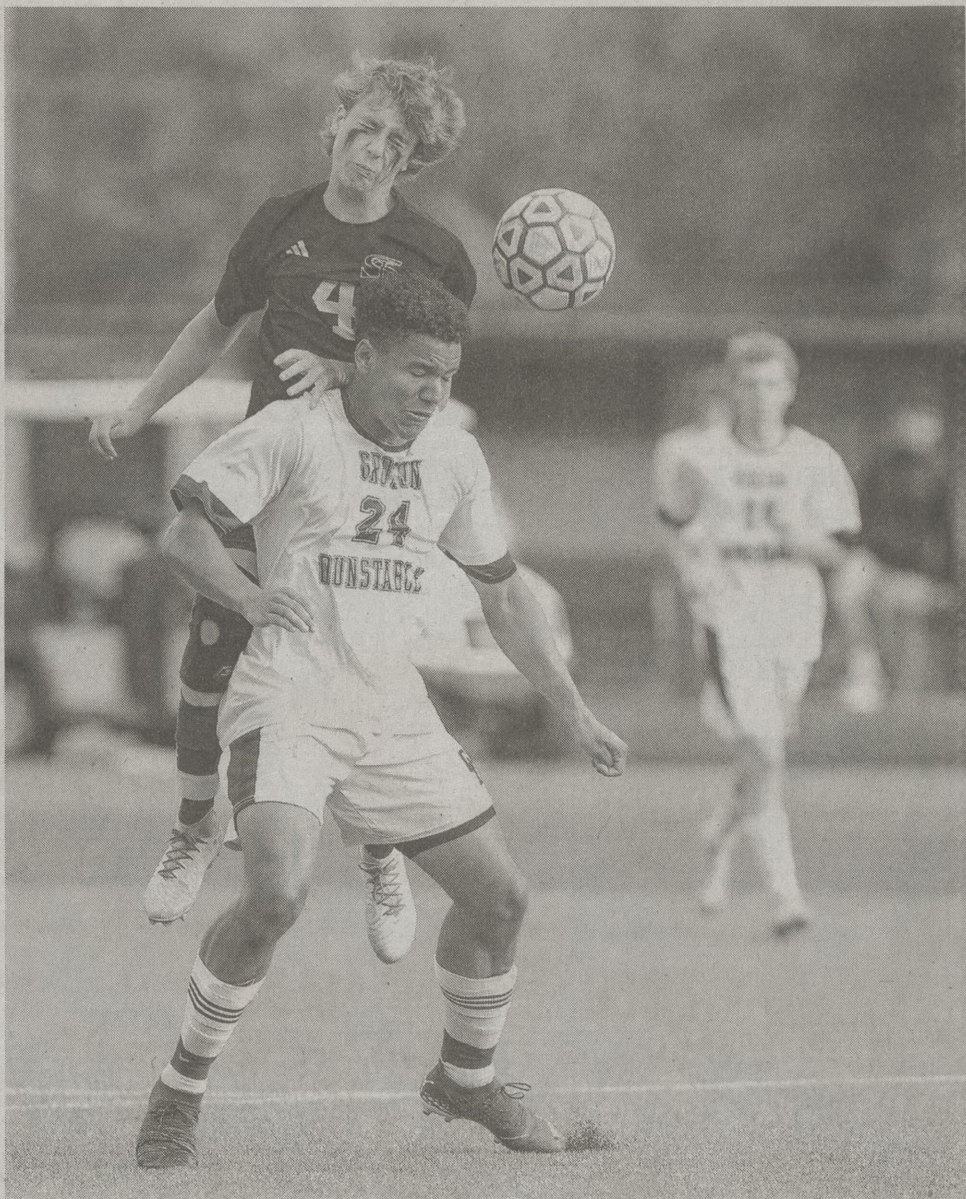
Playing well for the Rams were, Melanson, senior Ollie Ferrer, senior Layne Coutu and sophomore John Galicia.

**GOLFERS IMPROVE TO 6-1**  
Three straight wins moved Shawsheen Tech's golf team to 6-1 overall.

The Rams beat Bedford on Monday by a score of 43-29 in a match play event at the Patriot Golf course.

Low medalist for the round was Max Carpenter shooting a 2-under 33 with 6 points.

Also scoring for the Rams were Joe DaSilva with 38 and 5 points, Larry Cullity with a 39 and 4 points, Tyler Frediani with a 39 and 8 points, Dylan Higson with a 40 and 5 points, Aidan Fortunato with a 41 and 4 points, Ryan Cullity with a 45 and 5 points and Nate DiSchino with a 46 and 6 points.



▲ Davide Vitale (4) of Shawsheen Tech jumps over Groton Dunstable's Graham Ngah to head the ball during a varsity soccer game Thursday afternoon in Billerica. (Credit Image: James Thomas)

Shawsheen beat Greater Lawrence yesterday by a score of 144 - 97.

Low medalist for the Rams was Max Carpenter with 35 points.

Also scoring for the Rams were Ryan Dodge with 25 points, Larry Cullity with 23 points., Joe DaSilva with 23 points, Tyler Frediani

with 22 points and Brennan Skelly with 17 points.

The Rams also beat Nashoba Tech last week with a score of 151-133 at the Chelmsford Country Club.

Low medalist for the round was Larry Cullity with 35 Points.

Also scoring for the Rams were Joe DaSilva with 28

points, Max Carpenter with 28 points, Ryan

Dodge with 24 points, Aidan Fortunato with 20 points and Tyler Frediani with 19 points.

## EIGHT STRAIGHT FOR VOLLEYBALL

Recent wins over Lowell Catholic, Mystic Valley and Arlington Catholic improved Shawsheen Tech's volleyball team to 8-0 on the season.

Shawsheen won a thriller against, battling back from a 2-0 deficit to win 3-2, by set scores of 7-25, 23-25, 25-16, 25-18, 15-7.

Junior Maura Krueger tallied up 25 assists while sophomore Hope DiDonato contributed 9 kills.

Senior Fiona Rexford and junior Francesca Reardon added in 7 and 6 kills. The Ram defense was led by a dominant back row including junior Isabella DiSalvo, senior Caden Cooper, and sophomore Carley Monteiro.

In a 3-0 win against Mystic Valley, set scores were 25-15, 25-13, 25-10.

Ram coach Katie McGinness called it "a whole team effort" with fantastic offense from junior Francesca Reardon with 12 kills, senior Fiona Rexford with 4 kills, as well as senior Meagan O'Leary and sophomore Hope DiDonato with 3 kills each.

Junior Maura Krueger led the Shawsheen offense with 20 assists.



▲ Jayden Perez (3) of Shawsheen Tech battles Groton Dunstable's Cullen Cheeks for possession of the ball during a varsity soccer game Thursday afternoon in Billerica. (Credit Image: James Thomas)



▲ Larry Cullity hits a drive for the Shawsheen Tech golf team.

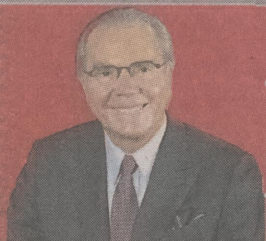
► Aidan Fortunato and the Rams are 6-1 on the season.



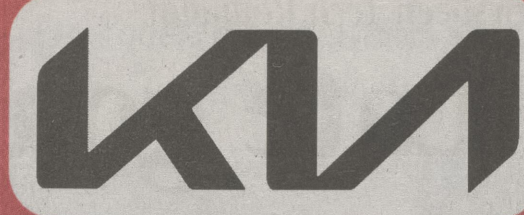
(Joe Brown photo)

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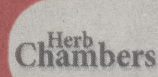
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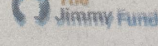
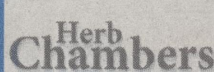
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